Rambling Man

By Seth Mattei

Although some good points regarding race relations and coexistence were made, Don Beck's presentation in Delgado’s gymnasium on Oct. 21 was far too long and unorganized for something promoted as an informative assembly that student leaders were encouraged to attend.

Don E. Beck, PhD, is a management consultant and the innovator of Spiral Dynamics. He worked with Nelson Mandela on ending apartheid in South Africa and now works as an adviser for various NFL teams and coaches, including Sean Payton and the New Orleans Saints. What he does, exactly, remained unclear after listening to him speak for two hours.

"We're going to take hold of this race issue in a way you've never seen it before," Beck said at the beginning of the assembly. "We're moving from blame and be blamed, to live and let live in gated communities, to thrive and help thrive." Beck also indirectly referenced Martin Luther King when he said, "I want to build a system based on content of character and dissolve racial stigma and stereotypes," and showed two multiple choice diagrams asking how people prioritize themselves in leadership capacities. He made it clear that, in his experience, many different kinds of leaders are necessary to run the world. When Mandela got out of prison, I had a chance to visit with him at length," said Beck. "He said, 'Don, I want a non-racial, non-sexual, non-gender, non-ethnic country.' And he meant it.

All of this information was positive and useful, but it didn't have to take two hours, and it certainly could have been better-organized. When he walked onto the floor, the 77-year-old Beck asked, "Why aren't you in class?" By the time he was finished, the audience may have been thinking that same question.

Experienced gurus, next-generation gearheads

Delgado's Motor Vehicle Technology Program

By Kamel Benyahia

Delgado’s Motor Vehicle Technology program has a lot going on in a part of the campus that seems distant at times. In fact, most students probably come through Delgado without paying any attention to some of the cool projects happening inside the garages. Which is is a shame, because the work being done there is just as much art as what you will find in the Isaac Delgado Art Gallery. Students in the past have gone on to have their work featured in magazines, and car shows like World of Wheels. The automotive program is the largest in Louisiana, and one of the only schools in a vast area, stretching from Arkansas to Mississippi, to offer comprehensive training with a two-year degree to boot. Houston is the nearest place that offers similar opportunities.

The Motor Vehicle Technology program has all of the certifications needed to assure its students meet the requirements of the job market. Both sides of the automotive program are now National Automotive Technicians Education Foundation (NATEF) certified. The body-shop side just recently got the certification for the first time. This accreditation increases the value of our program by recognizing that our programs meet the criteria of what the job market demands. The body-shop is also recognized by the Inter-Industry Conference on Auto Collision Repair (I-CAR). We have the only two official I-CAR instructors in the region. All of our professors are also ASE-certified. These are general certifications that mean you meet a certain standard set by these organizations; however, Delgado offers specialized programs provided by two of America's biggest names in automotive history, Ford and GM.

Ford offers the Automotive Student Service Educational Training (ASSET) program to anyone interested in a career with the iconic blue oval brand. Students will get to work

See GURUS pg. 9

Don Beck speaks to students in the gymnasium at the Delgado City Park campus.
Alcohol Awareness Week: Operation Clear Goggles

By Gabriela Amador

Operation Clear Goggles was the theme for this year’s annual Alcohol Awareness Week. This program was designed to show students what actually happens to their vision, when driving drunk.

New Orleans is a city where alcohol is a part of any celebration. Tourists come especially for the food, drinks, and Bourbon Street. On Oct. 16, students had the opportunity to get in a car setup like an arcade racer. They put on a virtual-reality headset that gave them the impression of what it is like to drive drunk. The game had an operator indicating where to go.

Thursday, students had a chance to wear some goggles that blurred the vision of whoever wore them, mimicking the effects of being impaired by alcohol. They were put in hypothetical situations, like finding their keys on the ground, and tried to complete them with the impairments.

Oct. 21, the firemen came out and used the Jaws of Life so that students can actually see what the fire department has to go through when drunk-driving accidents happen. Hopefully, students got an opportunity to realize that you only live once, and realize what actually happens to you when alcohol is in your system.

Movember Awareness kicks off

By Nick Ducote

November has officially been dubbed Prostate Cancer Awareness Month. The Movember movement started in 2003 in Melbourne, Australia as a nonprofit organization. It is an international/global charity that is intended to change the face of cancer for men and women alike.

The movement is simple for men, just grow a mustache for 30 days. The charity also is in place to combat testicular cancer in men and mental health challenges in both sexes. In 2012, over 1.1 million Mo Bros and Mo Sistas around the world joined the movement, raising $147 million. In the US, over 209,000 Mo’s raised $23 million.

In New Orleans the world-famous 610 Stompers have held several events for Movember, teamed up with PJ’s Coffee House. If you would like to donate or get involved with the movember movement, grow a mustache and check out us.movember.com.

In the pink

Breast Cancer Awareness Month

By Tara Johnson

The month of October has come to an end, but what a pretty-in-pink month it was. October is the official month for breast cancer awareness, and it seems like it gets more exposure every year, from individuals wearing pink ribbons to NFL players adding pink to their weekly uniforms. There are also numerous events in the month of October to show support to fight against breast cancer and support surviving breast cancer victims.

According to the Centers for Disease Control and Prevention, breast cancer is the second most common form of cancer in women. In 2006, 40,820 women died from breast cancer and 191,410 women were diagnosed the same year. Good Morning America anchor Robin Roberts was diagnosed with an early form of breast cancer in 2007 after self-examination. She has since then undergone surgery and completed her chemotherapy and radiation treatments. Roberts detected cancer by doing a self-examination, which doctors encourage all women to do.

A few events in New Orleans and surrounding areas did their part for awareness and support by having the following events:

• Race For the Cure: This 5k run/fitness walk is the largest in the world, with well over one million participants since 2005. The Susan Komen Race for Cure raises significant funds and awareness for the fight of breast cancer survivorship and honor those who have lost their battle to the disease.

• Bras For A Cause—St. Tammany was presented by the Women’s Council of Realtors, St. Tammany Parish Hospital Women’s Pavilion. In addition to great food, a silent auction and live music, this is also a fun fashion show that features local men modeling in decorated bras that are auctioned off.

Even though October is the national month for breast cancer awareness, you can donate to this cause anytime during the year.

And for the Men, we didn’t forget that cancer could also affect you as well. November will be turned into Movember (Mo-Moustaches), prostate cancer and men’s health issues, is this your awareness month. It is extremely important that cancer is discovered at an early stage, so make a pledge to get checked out yearly and stay healthy.
Local film maker honored at New Orleans Film Festival 2013

By Candace McGaff

Clyde Thompson as he discovers the hidden tunnel in his apartment.

Local cinematographer James Roe won Best Louisiana Short at this year’s 24th annual New Orleans Film Festival. Roe is a New Orleans native who received his Masters of Fine Arts in Film Production from the University of New Orleans this past spring. Roe wrote the screenplay, directed, and edited the prize-winning film “AM 800.” This 18-minute narrative short was released in 2012.

The film is about the main character, Clyde Thompson, and his isolated state of living. Thompson has no close family or friends and finds peace in listening to conspiracy radio and studying the unexplainable. His curiosity eventually leads him to discover a mysterious tunnel located beneath the floor of his living room. Thompson then finds himself becoming the subject of his own studies as what he finds at the end of the passage changes his life forever.

The film was produced by Christine Carey, Andrew Kerrington, Christopher Martin, Sean McKinney and Mark Twain Williams. Cinematography for the film was done by Erik Reuter.

Graduation checklist: Things students can do

By Gabriela Amador

It seems like yesterday the semester started and now there is only a month left before the end of it. For those students who graduate this semester, hang in there, the semester is almost over. Students who graduate in Fall 2013, should start thinking and considering the following question: What to do next?

Delgado will host a Graduation Fest on Nov. 19 from 10 a.m. to 6 p.m. Students will get a chance to find out if they have any holds, and if all paper work is completed. It’s recommended for students to go.

For those students who wish to transfer to a four-year university and get your bachelor’s degree, start applying now. It’s the perfect chance to get your bachelor’s in a different state, or country. You always want to apply early for many reasons.

First, the university can always inform you of any missing documents.

Second, if you apply early, you will get an early response, it’s as simple as that.

Some students do not want to go into universities right away and want to spend some time working. Think about what kind of job you would like to have, and which places offer it.

The key is to do research, because now is the perfect opportunity for those students who are looking for changes and new opportunities. Students can sign up at websites like Monster.com or Indeed.com. They’ll ask a couple of questions and send out information about employers who are hiring in your field. You can also use your networking skills to find out who is hiring, because it is what you know and who you know that will help you get a good job.

Lou Reed dead at 71

By Seth Mattei

Lou Reed was an often overlooked rock icon. The Two Dat Combo. Photo courtesy of yahooimages.com

Lou Reed’s death was unexpected, but it didn’t necessarily come as a surprise. This is, after all, the same man that wrote a song called “Heroin” in the mid-1960s, a song that he described as “a love song about a drug.”

Reed, who has allegedly been sober since the 1980s, has seemed ageless and immortal for a long time now, having outlived many musical peers and even quite a few musicians that he inspired.

Many people think of Lou Reed as a one hit wonder; his only hit single is “Walk on the Wild Side.” But many other people recognize him as a pioneer who, along with his band the Velvet Underground, helped create numerous rock and roll subgenres, including punk rock, glam rock and alternative music in general.

Reed made it no secret that he strove to elevate rock music into a more literary form. His songs exhibit book smarts and street smarts in spades, with songs as early as “Waiting for the Man” on the Velvet Underground’s first album vividly illustrating the isolated narrative of a drug addict waiting on his dealer. The lyrics to “Walk on the Wild Side” are a series of verses describing various seedy characters that Reed knew from his New York City nightlife.

Lou Reed, a 1964 graduate of Syracuse University, died at 71 years old following complications brought on by liver disease. He had recently had a liver transplant. He left behind a wife, performance artist Laurie Anderson, and a strong legacy of work that will continue to add listeners to a growing fan base for generations to come.

Lou Reed was an often overlooked rock icon. The Two Dat Combo. Photo courtesy of yahooimages.com

Reviewing the Rum House

By Gabriela Amador

Want to try something different than the usual Louisiana Cajun food? The Rum House, located on Magazine Street, has the tropical taste on its menu to the point that you will forget you are in the city of New Orleans. Most of the food has that tropical flavor. Even the rice has a coconut mango taste to it, and it’s really good. I tried their Jerked Roasted Chicken, which is a 1/2 rotisserie chicken marinated in honey-ginger sauce with spicy, but bearable. All together, I spent about $25 dollars, tip included. The place is a little pricey if you’re a student, but it’s definitely worth going to if you want a change of pace.

Lou Reed was an often overlooked rock icon. The Two Dat Combo. Photo courtesy of yahooimages.com

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SPORTS

BRIEFS

NBA

Beginning with the 2014 finals, the higher-seeded team will host Games 1, 2, 5 and 7. The lower seedgets Games 4 and 6. Following the same format the NBA uses in all other rounds. The NBA or the previous 29 years has used what is referred to as the 2-2-1-1-1 format, in which the high seed hosts the first two games, then goes on the road for three straight. The unanimous vote to approve the 2-2-1-1-1 format came Wednesday during Stern's final preseason meeting with his board of governors. Owners also voted to add an extra day between Games 6 and 7.

NCAAF

Nick Saban is not happy with Alabama's poor effort so far in the season. Saban's attendance has been inconsistent with people showing up for the start of games and then disappearing after half time. Saban said that the lack of attendance is affecting his team and the recruits the Tide is bringing to campus. So, he wants fans to stay the entire time, or not come at all.

"Maybe if you're not interested in doing your homework, process ing speed and reaction time.

NASCAR

NASCAR will mandate baseline concussion testing for its drivers starting next season. The screening could become mandatory as early as 2014. The baseline testing will be performed through the widely used neurocognitive assessment IMPACT test, which evaluates an athlete’s verbal and memory abilities, processing speed and reaction time.

HOCKEY

Buffalo Sabres enforcer John Scott was suspended indefinitely by the NHL on Thursday. Scott was suspended pending a disciplinary hearing for a blindside hit to the head that leveled Boston Bruins forward Lou Eriksson.

SPORTS

A man for all seasons

Player, mentor, celebrity, role model

By Tara Johnson

Keenan Lewis (CB for the New Orleans Saints) is living the dream. Not only does he play for the New Orleans Saints, he was born and raised here in New Orleans. Lewis attended O. Perry Walker High School and went on to play college football at Oregon State University. It didn’t take a rocket scientist to figure out that Lewis would be drafted, and he was. The Pittsburgh Steelers drafted Lewis in the third round of the 2009 NFL draft. He played a spectacular four years with the Steelers but became a free agent last year. Even though he had other offers, Lewis jumped at the opportunity to be back in New Orleans, playing for the Saints. Keenan isn’t just a star on the field, but he loves his city and community making him a hometown celebrity beyond football.

Q: How have you settled in with your new team after being with the Pittsburgh Steelers for four years?

A: It’s been good. It was easy being that I am from New Orleans, as far as the team, they’ve welcomed me with open arms so it was easy to adjust.

Q: Most guys only dream of having the opportunity to play in their hometown. Is it more exciting playing home or do you feel like it’s more pressure?

A: It’s both. Every professional athlete has pride, so every week you have to perform to the best of your ability because you want to make the city proud. It’s also extremely exciting because being from here, I know that everyone watches the games on Sundays, so it makes me feel good to be a part of that.

Q: Do you ever go back to O. Perry Walker to talk to the current players to give them advice?

A: I go back every chance I get. I have to show the guys that they can live their dreams no matter what and I want to be an inspiration to them. My mom works at Bernheim Elementary so I even go visit the smaller ones and watch them play [football] at the park.

Q: How important is it to you that you give back to the community as far as mentoring young athletes, or just boys in general?

A: It’s huge, especially since you don’t really hear a lot of the positive things about the city. It’s important for people in the community and outside of the community to see someone who came from O. Perry Walker to not only attend college, but make it to the league, I take pride in that. It’s great for me to be able to mentor the youth.

Q: What has been the high light of your career?

A: Two years ago, playing in the Super Bowl. It was a dream that came true for me, that’s every player’s dream.

Q: Obviously you weren’t here last season during the absence of Coach Payton. How much does it mean to you to have him back as the head coach?

A: He’s a winning coach so everyone wants him around. He’s highly respected so just to have someone like that around gives me a great feeling. Coach Payton’s kick that everyone is always on their ‘A game’ so no one ever wants to let him down.

Q: What type of role do you feel you play on this team?

A: A leader. I come from a great organization and I was taught how to be a leader and how to be a professional, so when the younger guys need help, I enjoy giving them advice.

Q: Who has the biggest influence on your game? Who motivates you to play harder?

A: Myself. I know I have the potential to be the best in the business; if I feel myself slacking, I go watch highlights of myself to motivate me. If I don’t motivate myself to be the best, who will?

Q: What are your goals for this season?

A: I’d like to go to the Pro Bowl myself, and of course the Super Bowl. We have the guys to win it, amazing quarterback, our offense is strong, and now we have the defense to go with that. We’re putting the pieces together in the puzzle.

Q: The defense is on fire this season, one of the best performances we’ve seen from the Saints in years. Has Rob Ryan brought a new attitude to the team?

A: Most definitely, he’s one of the best, his great coaching skills were passed down to him from his dad, Buddy Ryan, we’re happy he’s here.

Q: So far this season, what are three main factors that have contributed to the success of this organization?

A: Everyone is coming together, we don’t have any individual players, we’re all one. We have a new coaching staff and new players. Also, everyone is playing with a chip on their shoulder; the Saints didn’t have a good season last year, so now we’re here to redeem ourselves and show people what we can do.

Q: Since you’ve now experienced the WHO DAT fans, is it true? Are they the best fans?

A: Absolutely, they do not play around! Just to have fans that support, win or lose, means a lot. Seeing them waiting at the airport for us really lets us know we have the best fans out there.

Saints tame Bills, improve to 6-1

By Anthony Alongi

After suffering their first loss of the season in heartbreaking fashion, the Saints headed into the bye week 5-1. The bye couldn’t have come at a better time. It gave the Saints an opportunity to reflect on the past two weeks and learn from the loss. The Saints returned to the Dome after their two week hiatus to face an outmatched, yet sneaky team in the Buffalo Bills.

The Saints defensive front picked up right where they left off by accumulating four sacks, three of which resulted in fumbles by Bills quarterback Thad Lewis. Saints star defensive end Cameron Jordan sacked, stripped, and recovered the ball deep in Buffalo territory on the opening drive of the game, but the offense stalled as Garrett Hartley's kick went wide left. Hartley missed both of his field goal attempts on the day. Anyone not watching the game would have immediately known of our kicker's struggles based on the proficiency-laced text messages after each of his missed attempts. Picture the most anti-Garret Hartley guy in the world, using ballistic in his seat at the Dome. Hero one day, villain the next, such is the life of an NFL kicker.

A combination of rust and good defense by the Bills led to a sluggish start for the Saints offense. Fortunately, it didn’t take long for the Saints to shake off the rust because Lance Moore provided the offense with some much-needed WD-40 in the form of a 15-yard touchdown catch late in the 1st quarter. To the Bills credit, their defense fought hard all game and matched the Saints defense with four sacks of their own. Buffalo defensive end Mario Williams added another sack to his monstrous season, bringing
The Return to the Holy Land

By Nick Ducote

This stretch of games for New Orleans Saints is going to be rough. The Saints have to play two of the best teams in the NFL. The only thing great to look forward to at this point in the season is playing the lowly Atlanta Falcons; but even that is a gambit for the whores. The Saints play their old rivals the San Francisco 49ers to start off their crusade for the playoffs. They then travel to Atlanta to play the Falcons in the Georgia Dome, and then to Seattle to play the Seahawks.

These three games are where the Saints need to play perfectly. The game against the New England Patriots was a wake up call for team and fans alike. In that game the play calling was stale and the Saints had multiple opportunities to score more points and to move ahead, yet didn’t. Errors such as this cannot happen with these opponents. The 49ers and the Seahawks are the epitome of perfection. They both have amazing offenses that can score almost at will, and defenses that make it impossible to move the ball.

The only thing the Saints should be relieved about is the fact that Atlanta’s best receiver (Julio Jones) is out for the season, and their offensive line is one of the worst in the NFL. The analysts and experts have dubbed these three games to be the “Bermuda Triangle” of the season. If the Saints play smart and not too conservatively, they can come on top. If they don’t, then that’s two more losses for the black and gold.

The San Francisco 49ers

The NFC champions of last year are chasing another SuperBowl. The past three years under coach Jim Harbaugh have been a revival of this great franchise. Since the hiring of the coach, the 49ers have made the playoffs three years in a row, won the NFC crown and made it to the SuperBowl. They are one of the best teams in the NFL and it looks like no one is going to stop them from reaching another SuperBowl.

The makings of a dynasty are in place for the 49ers. Their quarterback Colin Kaepernick can throw the ball for 300 yards in a game and run for 200 yards instead. They have perfected the option play to the point that defending will be impossible in certain situations. The 49ers are great at misdirection. To be frank, majority of defenses don’t know what to do against them. They have had the quarterback gets the ball. Kaepernick can fake like he’s giving the ball off to his running back, then the defensive line thinking they are running the ball. That draws the defense’s attention away from their assignments. He can then throw the ball to a receiver who is open, or run with the ball himself.

Smart defenses will have to heavily prepare for this match up, but it’s almost futile with talent, and they have great players at every position. Players such as offensive lineman Joe Staley, Mike Iupati, and Jonathan Goodwin are anchors who can take on the best defensive lines in the NFL. Veteran players like defensive end Justin Smith and linebacker Ahmad Brooks have made this defense into a great one. But, for even some offensive coordinators. The talent is still on the charts.

No team will take them lightly, yet even with preparation this team can still beat you. They are good from top to bottom. The 49ers have the league’s best coaches that can manage games well. But there is one thing that can be that feather in the cap to their success. They are led by the best quarterback in the league. Kaepernick is a quarter-back if he is running with the ball. The argument was because the league thought the quarterback would be a defenseless player if hit. But, it’s football, and the rule states if you’re running with the ball you can be hit, no matter what. So if their quarterback, Colin Kaepernick decides to run with the ball, defensive players can hit him however hard they want. This will be the key in the chain for the 49ers. If Kaepernick gets hit too many times, it will make or break the offense.

Atlanta Falcons

The dirty birds have taken a dramatic step back from last season. Since the Saints beat the Dirty Birds in the season opener, they have only won one game. They lost their best player in wide receiver Julio Jones, and have played sporadic defense. Things are looking really bad in Atlanta. The overlooked factors playing into why the Falcons haven’t played so well is that they can’t protect their quarterback and they have a mediocre defensive line.

The only bright spot for the birds is that slot receiver Harry Douglas and the back up runningback Jacquizz Rodgers are playing well. Their pro-bowl runningback Steven Jackson should be playing well, but he isn’t. He has been often injured in several games this season. It’s still unclear why the Falcons bought Jacob. Experts when screaming at the franchise not to do so because of his injury history. The Falcons may be the Saints arch rivals, but they are not doing anything this year to worry the Saints.

The Seattle Seahawks

This is the best team in the NFL since the 2007 New England Patriots. The Seattle Seahawks are an unstoppable force. This is the biggest and the best team in the NFL right now and maybe for the next couple of seasons. Like the Patriots before them, they are oozing with talent and intelligence. Led by second year quarterback Russell Wilson and runningback Marshawn Lynch, the Seahawks make up a “complete” team.

They are great at every facet of the game. Whether running or throwing the ball, playing defense, or special teams, they dominate. The team is led by the Quarterback coach Pete Carroll, who brings a swagger to the organization that was missing in previous years. His offensive prowess and defensive prowess is unmatched and tiring to opposing teams. Carroll also has a sixth sense to talent and is very good at finding great players. Seattle has become a go-to team in many ways. Offensively the Seahawks are one of the top teams in running the ball. The rushing attack is led by pro-bowl runningback Marshawn Lynch who is the best at his position in the NFL.

Lynch is a workhorse and is the majority of the offense. He literally carries the team towards the end zone. The one thing that stands out for Lynch is that he has been developed leg muscles. This was a weakness for him during his tenure with the Buffalo Bills. It has now turned into strength and something that he is known for. In many games you see Lynch run into a pile of guys and you think he’s down, but he’s not. He has this uncanny ability to keep his legs moving and not fall down. He keeps the pile moving for extra yards and makes it harder for defenders to bring him down by his physicality — a true football to see him run at times. The Seahawks run the ball well, which opens up defenses to become lax at times when defending the pass.

This is where quarterback Russell Wilson makes his presence known. Simply put, Wilson just makes things happen. He is an offensive threat that makes defenses pay. Even when a defense knows the play he is going to run, he still has the athleticism to make something happen. He will run for some extra yards or find an open receiver down the field. He doesn’t know how to quit, he always finds a way to give someone the ball or score a touchdown. Enter Golden Tate, a wide receiver with a mean streak. Tate is one of the best threats in the league as in the game. He is smart and athletic, and is an all-around great team player. He can fool any defense to make big plays, and also has the best hands on the team. He leads the receiving squad made up of pro-bowler Sidney Rice, Doug Baldwin, and Jermaine Kearse.

The secret weapon to this offense is actually its tight ends. Journeymen Zach Miller is definitely someone defenses sleep on and forget about, which has been the undoing of many teams this season so far. To make things worse, Seattle won the lottery in free agency this year. They signed the best defensive player overall in Cliff Avril, and traded with the Minnesota Vikings to get defensive end Everson Griffen. They have truly have become the “perfect storm,” in modern football. Defensively they are just as good as an offense. Defensive backfield has even earned the name the “Legion of Boom.” Led by rambunctious cornerback Richard Sherman, the defense has stopped the best of offenses in their tracks.

To keep the defense rolling, coach Pete Carroll has also drafted players wisely. Young players like linebacker Bruce Irvin and safety Earl Thomas have become the backbone of the defense. Another reason why the Seahawks have been dominating with no surprise this year. The Seahawks beat the San Francisco 49ers in the season opener and later the rowdy Carolina Panthers. Both of those teams have statistically good offenses that were shut down by Seattle. This will be the ultimate test for the Saints in the upcoming weeks. WhoDat!
From Summer to Winter Wear:
A guide for transforming your favorites

By Ashley Boudreaux

As summer’s leaves begin to turn, and the breezy wind slowly appears, it can only mean one thing, winter is here. It is time to put away your favorite sandals and take out your go to winter boots and scarves. But do not forget about your other go-to summer wardrobe pieces. It is not necessarily what you wear, but how you wear them. Adding layers to any outfit will not only add warmth, but also make a simple outfit styled and complete. Even by just adding jewelry and a basic jacket to one of your old favorite tank tops can escalate an outfit.

A favorite summer piece for many is the easy to wear and comfortable, maxi skirt. But how can you transition this summer favorite into a winter favorite? Instead of wearing a crop top or t-shirt with your maxi skirt, try something different like a sweater. A sweater will not only keep you warm but it will also add contrast to your outfit. An oversized sweater that is slightly tucked in the front will escalate your summer maxi skirt to a wintery look. Add ankle booties and statement jewelry to perfect this look.

A summer staple in everyone’s closet is of course, shorts. Reading this you may be thinking, “Shorts…in the wintertime? That’s crazy.” But actually shorts are acceptable during colder weather, when you wear them correctly. It is all about what kind of shorts and how you wear them. To successfully wear this trend, you want to wear shorts that consist of a winter material, like leather. Wearing your pastel, plaid hip-hugging cut off shorts are a big no. But classic tailored leather shorts can add an edgy yet classic look to any outfit. Add these shorts with a structured blazer, heeled booties and tights for a fashionable, easy-to-wear winter outfit.

Sound currency
“Fettle and Tender” invitational showcases alumni

By Ashley Boudreaux

“Fettle and Tender” includes works from past alumni of Delgado’s Visual Arts Program. The art is already on the walls, but the official opening ceremony of “Fettle and Tender” will be on Thursday Nov. 7 from 6-8 p.m. at the City Park’s Isaac Delgado Fine Arts Gallery on the third floor of Building One.

This is the first of a series of art shows that will highlight alumni who were part of the Delgado Visual Arts Program. Anne Boudreau, Jessica Goldfinch, and Dan Tague are the first ones to be featured. “Fettle and Tender” will be on exhibit through Dec. 5.

The Isaac Delgado Fine Arts Gallery is open to students and the public Monday and Tuesday from 9 a.m. to 8 p.m., and Wednesday through Friday 9 a.m. to 4 p.m.
HOROSCOPES

FOR ENTERTAINMENT PURPOSES ONLY

Virgo: (Aug. 23 - Sept. 23)
Make sure to spend time with your family & friends this month.

Libra: (Sept. 24 - Oct. 23)
Take a break! Just kick back, put your feet up, & do something for you!

Scorpio: (Oct. 22 - Nov. 21)
Something big is about to happen in your life this month. You may take it well, you may not.

Sagittarius: (Nov. 22 - Dec. 21)
Work, work, work. That may seem like all you have been doing the past few months. If you aren’t working at your job you’re doing school work. Relief is on its way. And all that hard work is about to pay off.

Capricorn: (Dec. 22 - Jan. 19)
This month is your month to step up & get noticed! Take some risks, take charge, & put yourself out there.

Aquarius: (Jan. 20 - Feb. 19)
Get some rest! Take a load off! That is all! Before you burn out!

Pisces: (Feb. 20 - March 20)
Make sure to set some goals this month. Then make sure to meet them.

Aries: (March 21 - April 20)
You may be tempted to take a risk at work, but it’s probably not the best idea at this time.

Taurus: (April 21 - May 20)
Don’t be afraid to plan ahead. Plan a trip, plan an event, plan for a festival!

Gemini: (May 21 - June 20)
You may be feeling restless right now in your life. That restlessness can turn the most pleasant person into an ornery grouch this month.

Cancer: (June 21 - July 22)
Open up this month. Share your feelings with someone.

Leo: (July 23 - Aug. 22)
The past year has been a hard road for you & your love life. Cheer up, things will start to get better soon.

Virgo: (Aug. 23 - Sept. 23)
Make sure to spend time with your family & friends this month.

Libra: (Sept. 24 - Oct. 23)
Take a break! Just kick back, put your feet up, & do something for you!

Scorpio: (Oct. 22 - Nov. 21)
Something big is about to happen in your life this month. You may take it well, you may not.

Sagittarius: (Nov. 22 - Dec. 21)
Work, work, work. That may seem like all you have been doing the past few months. If you aren’t working at your job you’re doing school work. Relief is on its way. And all that hard work is about to pay off.

Capricorn: (Dec. 22 - Jan. 19)
This month is your month to step up & get noticed! Take some risks, take charge, & put yourself out there.

Aquarius: (Jan. 20 - Feb. 19)
Get some rest! Take a load off! That is all! Before you burn out!

Pisces: (Feb. 20 - March 20)
Make sure to set some goals this month. Then make sure to meet them.

Aries: (March 21 - April 20)
You may be tempted to take a risk at work, but it’s probably not the best idea at this time.

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Leo: (July 23 - Aug. 22)
The past year has been a hard road for you & your love life. Cheer up, things will start to get better soon.
The Saints caught fire in the last five minutes of the first half. Rookie receiver Kenny Stills caught a deep pass up the sideline from Drew Brees and ran it in for a 39-yard touchdown. The touchdown was part of a breakout performance for Stills. He totaled three catches for 125 yards and two touchdowns on the day.

After a quick defensive stop, the Saints took it down the field and Drew found his favorite target, Jimmy Graham, with a 15-yard strike over the middle for a touchdown. The Saints went into halftime leading 21-10, but the game seemed closer than the score indicated.

The Saints received the kickoff to open the second half but were held in check and forced to punt. The Saints found pay dirt on their following possession when Jimmy Graham caught a 13-yard touchdown. Graham finished the day with only three catches for 37 yards, but two of those catches went for scores.

The Bills showed resiliency on their ensuing possession and finished a methodical trip down the field with a 1-yard touchdown run by running back Fred Jackson in the opening minute of the 4th quarter. With basically a full quarter still left to play, the score was now 28-17, and by no means over.

Offseason acquisition Keenan Lewis intercepted Thad Lewis on the Bills next possession and was finally brought down at midfield. The interception put the Saints in excellent position to put the game on ice.

Due to a couple of unproductive plays and a holding penalty, the Saints faced a 3rd and 20 from the Bills 42-yard line. On 3rd down with no other option, Brees rolled to his right and sprinted towards the line of scrimmage as he launched a bomb to into the end zone where Kenny Stills and a lone defender awaited. Stills turned his leap perfectly, and with a defender hanging all over him, was able to come down with the game-sealing touchdown.

The Saints will hope to start a new win streak as they head to MetLife stadium next weekend to take on rookie quarterback Geno Smith and the New York Jets. The matchup will be the last game against an AFC East opponent this season.

Notes: The Saints have yet to allow any opponent to score over 17 points at the Dome...Sean Payton improved to 4-3 coming out of byes weeks...Lance Moore returned to the lineup after missing the last three games. He scored his first touchdown of the season in the 1st quarter...CB Keenan Lewis now has three interceptions on the season. He only had one interception in his first four years in the league.

“Dreams of the Fallen” in New Orleans

World premiere of musical work to honor veterans

From staff reports

The Louisiana Philharmonic Orchestra, in partnership with The National WWII Museum, will present a Veterans Day evening concert honoring those who have served in the United States Armed Forces. "Honoring our Heroes," presented by Morgan Stanley, features the world premiere of "Dreams of the Fallen" a compelling new composition for piano, chorus and orchestra by award-winning composer Jake Runestad.

"Dreams of the Fallen" features pianist Jeffrey Biegel and Symphony Chorus of New Orleans, and was composed to bring honor, respect and gratitude to those serving in the military, past and present. The concert will be performed Thursday at the National WWII Museum New Orleans Monday evening at 7 p.m., Nov. 11.

John Goodman, star of the upcoming film, "The Monuments Men" and Inside Llewyn Davis," will narrate for the performance of Aaron Copland's "Lincoln Portrait."

"World War II began more than 70 years ago," noted Gordon "Nick" Mueller, Ph.D., president and CEO of The National WWII Museum. "We have seen how that epic conflict forever affected every man and woman who served on the battlefield and the Home Front. Our military today face challenges of equal magnitude. That magnificent new musical work ["Dreams of the Fallen"] pays tribute to all who have sacrificed in service to our country."

"While we, the public, are familiar with epic stories of heroism and of intense loss, we hear very little about the 'afterwards' of the war experience," said Runestad. "Thousands of veterans struggle to assimilate back into everyday life after living through a traumatic wartime experience. We hear very little of the continued struggles that these soldiers experience and so I hope to shine a light on their stories with this new musical work."

Inspiration for the composition was taken from award-winning poet and United States Army Veteran, Brian Turner, who has written two poetry collections informed by his experiences serving abroad.

"I came across these works and was entranced by the immediacy of Brian's language and the powerful re-telling of his war experiences," said Runestad. "I knew that the power of his words paired with a large musical ensemble could touch people in an entirely new way and bring his important stories to life."

According to Runestad, Turner's poetry will be performed by the choir while the piano solo, representing the one who has experienced war, provides an emotional response to the vocals. The orchestra creates a sonic landscape as the music progresses through three stages of the war experience: pre-deployment, service and post-deployment.

“The Book of Mormon” shines at the Saenger

By Seth Mattei

In his Times-Picayune review of "The Book of Mormon," Theodore Mahne called the Tony award-winning musical "little more than a major, offensive trash." While it may contain coarse language and some pretty crass ideas, I find Book of Mormon's overall message to be extremely positive. It is a tale of friendship, hope and sage to be extremely positive. It contain coarse language and (with some possible Disney trimmings) with their campy traditional Broadway music (ator of Avenue Q.

If you like the humor of South Park, check it out. The Mormon. If you like the humor of South Park, check it out. The songs sound like with Robert Lopez, the co-creator of Avenue Q. 

The Louisiana Museum. "We have seen how than 70 years ago, " noted Gordon "World War II began more

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GURUS from pg. 1

on several of the latest Ford and Lincoln vehicles, and receive on-site training at local Ford dealerships.

General Motors (GM) offers a similar program, with brands that include Chevrolet and Buick. Delgado students are also working on unique vehicles like the Chevrolet Volt, an electric car with a gas motor for charging and emergencies.

Students in both of these programs will pay about the same amount as a Delgado student getting a degree without the trade skill. The programs will provide the students with the tools they need, including brand-specific tools that you will only find in dealerships.

Now some of you may be wondering, "how quickly can I get into the job market and start making some money?" Well, if you look at the newest professor, Eddie Coronado, it won't take long. At first you won't be sure if he is a student or not. He is the blueprint for success that can be had by going through Delgado's motor vehicle technology program. Eddie started out here as a student back in 2007 after following his passion for motors that he discovered while rebuilding motocross engines himself. He graduated from the ASEP program in 2009 and immediately found a job in the industry. Eddie used the skills he learned at Delgado to advance through the three-month apprentice stage, where a recent graduate shadows an established mechanic at a dealership, in one month. His first year he made $50,000, and his second year he made $60,000 without working the whole year due to an injury. Eddie decided he wanted to come back to Delgado an enroll in the body-shop program to advance his education, when the opportunity for a teaching position in the general automotive program presented itself. At 31, Eddie Coronado is going to be the same age or younger than a lot of his students, but that doesn't change the value of his teachings since he has shown he has what it takes to be successful in the automotive industry.

Over on the body-shop side you have the older, guru-like, George Torlage, who has been teaching students of Delgado the art of bodywork since the 70's, with the exception of a short hiatus in the 80's. He knows every technique from the old-school metal work, to the cutting-edge modern-day styles. He keeps up to date by taking the student work on an early 2000's model Monte Carlo that students have been involved with since quoting the estimate. This particular model required $13,700 worth of repairs that students have been involved with since quoting the estimate. The project pictured shows the student work on an early model Monte Carlo that students have been involved with since quoting the estimate. This particular model required $13,700 worth of repairs that gave the students experience in planning out an estimate for a customer. They will then be guided, by David, through the process of tear down, body repair, paint preparation, painting, and then a final detail. The students also have access to state-of-the-art paint booths that makes them familiar with the newest equipment that local body shops use. David also organizes events he calls "grip 'n grins" where students interact with local body shop owners and managers. Things like this are invaluable to students and show the dedication these instructors have to them.

The tuition is a steal if you compare the prices to nationally-known for-profit schools like Universal Technical Institute. If you were to attend UTI Houston and enroll in their Collision and Repair Technology program, you would pay an average of $27,000, according to UTI.com's program cost disclosure. From July of 2011 to June of 2012, 275 students graduated from the UTI program, and 268 of them walked away with an average of $15,000 in federal loan debt. They may have a nice campus and every tool under the sun, but they give students a one-year crash course on their subject of choice and then jetison them off into the workplace in order to make room for the next students. There is no time to develop your skills and study under the tutelage of guys who are going to spend a lot of time with you.

The Delgado Automotive Club is hosting a car show Nov. 9 from 9 a.m. to 5 p.m. at the Student Life Center parking lot on the City Park campus. Anyone can register at the gate for $25. You can email wgray@dcc.edu if you would like to preregister for $20. There will be door prizes, contests, and cars will be judged from 9 a.m. to 2 p.m. You can contact the club at dcc.auto.club@gmail.com.

The British Car Club has hosted a car show Nov. 9 from 9 a.m. to 5 p.m. at the Student Life Center parking lot on the City Park campus. Anyone can register at the gate for $25. You can email wgray@dcc.edu if you would like to preregister for $20. There will be door prizes, contests, and cars will be judged from 9 a.m. to 2 p.m. You can contact the club at dcc.auto.club@gmail.com.

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OPINION POLL

Q: If you could change one thing at Delgado, what would it be and why?

"I would change the fact that there are a lot of ducks walking around. I am afraid of them."

--Astrid Montesi, Nursing

"Classes should be set up differently. I don't think they are organized enough."

--Kenneth Jackson, Mass Communication

"I wish that tardies didn't add up to absences."

--Brinitha Mitchell, Business

"I would change the administration. Financial aid is backed up, lines are always backed up. No one knows what they're doing."

--Robert Herron, Business

"I wish there were more places to eat, and better coffee."

--Gabriela Gauthreux, ESL

"I'd like to fix the financial aid process. It's too complicated. There are too few workers, and too many students."

--David Leonard, General Studies with a focus in Television Production

AKS LEE JIN

Dear Lee Jin,

I have been seeing this guy for a few months now and I really like him. I think I'm falling for him. We have so much in common, and our personalities are very similar. We are both outgoing, have great senses of humor, love to move, love doing things outdoors, love animals, very goal-oriented and ambitious. I have never met anyone who I clicked with right away like we did. Everything about our relationship seems perfect except, he still lives with his parents. I mean, seriously?! I'm younger and I have my own apartment. He's 25 by the way, and I'm 23. I really do like him, but this really bothers me. It makes me think that maybe he isn't as ambitious and goal-oriented as he comes off. I don't see how he can be ambitious and goal-oriented, but can't seem to find his way out of his parent's house. I mean, when I turned 18, that was the first thing I wanted to do! Not only just to be on my own, but to be responsible and grow up. I mean, it's embarrassing, too. I hate telling my friends and family that he still lives at home with his parents when the subject comes up. Should something like this be a deal-breaker? Or is this not something I should be so worried about?

Falling & Confused

Dear Falling & Confused,

I understand why something like him still living with his parents can be a little off-putting, but his still living at home doesn't necessarily mean he is not ambitious or goal-oriented. Sometimes people fall on some bad times and need a little help getting back on their feet, and some people maybe just can't afford to get a place on their own yet, is he in school? Working? If the answer is yes to both, then perhaps he is using most of his money to pay for school. I don't know. You didn't give me those details. Have you brought it up and asked him why he still lives at home? Since you haven't said anything in your email hinting that you have talked to him about this being an issue or anything, I'm just going to have to assume that you have not mentioned this to him and advise you based on four total catches on the day, but when those four catches go for 100-yards and 2-touchdowns, nobody is complaining. His first touchdown catch was the one that had the Dome in shock and wonder. The 6'7 man-beast glided into the stratosphere to boot a 27-yard punt ball, as he was being covered by three defenders. Other than Graham, I think only Calvin Johnson makes that catch. Ben Watson's lone catch on the night was good for a 4-yard touchdown catch, his first as a New Orleans Saint. Watson displayed his own brand of athleticism as he dove for the pylon and beat two defenders for the score.

Quick stats run, the Saints gave up less than 20 points for their fourth consecutive game. Last year they gave up at least 27 points in their first four games. How is that for improvement? The defense has been aggressive, and they have been relentless. They remind me a lot of the 2009 Saints Super Bowl winning defense (I STILL get go! because of the way they played against the Saints D has been coming up with stops, forcing teams to punt the ball away while surrendering little ground to opposing offenses. On Monday night, the trend continued. Besides giving up a touchdown pass in garbage time, the defense smothered the Dolphins into submission. The defense accumulated four sacks, three interceptions, and forced a fumble that they recovered. All four sacks came from four different players. With the defense playing on the same page and buying into Rob Ryan’s system, the Saints have become a top 5 defense in the league up to this point. The next two weeks will provide us with a chance to watch the defense go up against two good teams on the road, as the Saints visit the Bears and Patriots. But for now, would you like to see a group with your seared dolphin?
By Susan Hague

If New Orleans and Hawaii had a child, it would be Goa, India. Similarities: the weather (hot, humid), the food (good treats like fresh seafood), the music (live jazz), religion (Catholic, thanks to its heritage as a Portuguese colony for 500 years), and even festivals, although India’s are primarily religious. Goa’s festival season starts in September with Ganesh Chaturthi, a ten-day event for devotees to worship the elephant-headed god Ganesha. People of all ages were there to participate in the celebration, which was up to their chests, then they pushed Ganesha forward into the water to return to his other home. They, too, walked into the water until it was up to their chests, then they pushed Ganesha forward into the deeper water for his immersion, called Ganeshas Vesaran.

I had seen that water, and I knew that there were leeches, worms, germs and crocodiles in the waterways of Goa, and that it was an act of faith and courage in itself to go into the water at night like that. The crowd gave a huge roar of “Ganpati Bappa Morya!” as a final good-bye to Ganpati. There were probably hundreds of statues at the bottom of the river, slowly dissolving to remind devotees of the transient nature of life and the need to be not attached to the material things of life. Ganapati, Durga, may tangibly dissolve into the water each year, but their tangible blessings would remain through the following months. Mini and I took a shortcut home across a bridge, found her car, and went home, smelling like smoke and Crocs.

Sometime, when I least expect it, I get a faint whiff of that smoke and incense smell. Maybe it is just the ghost of a memory. Maybe it is the smell of a good meal traveling around the world, the intangible blessings that remain. “Ganpati Bappa Morya!”

By Cedric Serpes

My bull on life

A vet once told me a bull could live for 10 to 12 years. That is a scary thought. My chap pretty much has the run of the house as it stands. He has won over my wife, got my Mother thinking, I am an ogre, and got the Parish priest to remind me about the sacrament of confession. I do not know how this. But he should be publishing his own help books on mind manipulation.

He has a pretty stress-free life. He walks up around 6 am. Does a bit of Yoga with his stretches. Then he does his voi calisthenics occasionally hitting a bad note. Then he calls out for his breakfast. He prefers something light. Some fruit, a bit of chocolate, a vegetable maggot and a sip of tepid water. This he gets promptly every day. Bath is a big routine with him. He gets uncomfortable if you watch him bathing. Do you mind? I ask pointedly. “Can we have some privacy here,” he says in a stri- dent voice. “Oooo how sweetly he is singing,” my mum says, her eyes soft as marshmallows. Af- ter his bath he towels himself and grooms his scatty feathers. Then he is feeding frenzy all over again.

He does best when he has an audience. He waxes elo- quent on every subject known to man. He un- derstands a word of what he says and they end up admiring his vast repertoire of whistles. Yes, it is a strong, opinionated in- dividual trapped in a very small bird! How I understand his lan- guage when others cannot, you may ask. It is indeed my singular curse!

Anyway, I decided to tap his brains on life’s important questions. Maybe a different per- spective might produce new in- sights. After all, how often does one get a chance to get a “bird’s eye view,” so to speak, on life. So I stroked casually toward the seer with the red behind. “Oh there you are,” he said, “can you get that bit of worm under my water bowl?” He asked politely. “And resist the urge to dishwallow it on the way.” I did not say the words that danced on the tip of my tongue. “There you go little chap,” I answered cheer- fully. He reasoned the disgusting mess and sighed. “So what do you want this time?” I cleared my throat, but was interrupted “Say, can I have a bit of the after din- ner mints your wife so thought- fully gave me yesterday?” I went and fetched as requested. “They just don’t make these mints like they used to anymore...h-m-m-,” now what was that you were say- ing?” I decided to bite back any sarcasm, and asked, “What do you think is the meaning of life?”

“Quite simple really to my bird brain - it’s all about al-
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