LoLA's growing pains still affecting students and staff

Transition to state-mandated system causing complications for many

By Chris Farrell

Delgado is now among other state-run universities in Louisiana that have implemented an umbrella system for students, teachers and college administrators to manage registration, financial aid, and other school related issues called Log On Louisiana (LoLA).

Typical of most change, the adoption of the new system is proving somewhat frustrating for users. Five weeks into the semester, students, teachers and administrators are still trying to get accustomed to LoLA, however, the consensus is that as long as the system is up and functioning it can be helpful.

One initial obstacle to getting LoLA off the ground and integrated seamlessly at Delgado was the dissemination of new usernames and passwords, so students are able to access the system. For a variety of reasons, many students at Delgado seldom use their school-issued e-mail addresses, which is where news of the change, and instructions are sent. Eddie Ahern, computer technician for Delgado's Division of Communications commented that, "Once students get used to it, it's their lifeline for college career guidance. Financial aid, grades, registration, etc. can all be easily accessed on LoLA. Until the 'powers that be' in Baton Rouge get more bandwidth, LoLA may continue to occasionally crash during periods of heavy usage though." Delgado, along with 10 other community and technical colleges in the area are now under the leadership of the Louisiana Community and Technical College System (LCTCS). Delgado History major Will Laird opined that, 'The old Self-Serve system was much more user friendly. When Delgado used Self-Serve, I would receive notice regarding my financial aid status well in advance if, for example, I needed to complete some unsatisfied documentation or other requirement to receive my financial aid. This semester I was informed way too late that there was additional paperwork that I needed to complete and now my financial aid is significantly delayed. The delay has caused me a great deal of stress.'

Similarly, students enrolled in the work study program have yet to receive a paycheck as of this writing, after three pay periods, as differing instructions for time sheets are being given due to confusion with the new system.

Matthew Zimmerman, an English instructor on campus noted that LoLA is "easy to use and fairly intuitive. The difficulties with it have been with students registering more than with faculty using the Banner system." Banner is the name of LoLA's counterpart for faculty and school administrators.

The system simplifies access to important school related information and is available 24/7. Keeping track of a username and password is essential in being able to register for next semester and to complete all necessary financial aid forms. LoLA login information is separate from Blackboard and school email logins.

Louisiana Air Guard performs variety of hurricane response missions

Compiled by Dolphin staff

PORT SULPHUR, La. — Every mission matters to Louisiana National Guardsmen and when tasked with helping to rebuild a small fishing community located in the mouth of the Mississippi River, the Airmen gladly stepped up to the challenge.

For many in the Air Guard, the mission sets were very different from their typical assignments of working directly with aircraft or air operations at the 159th Fighter Wing’s headquarters at Naval Air Station Joint Reserve Base New Orleans in Belle Chasse, La.

One challenge was delivering much needed

see GUARD, page 4

Delgado’s Theater Department prepares for an outdoor Rocky Horror production

Theater Club seeks new members to assist in school productions

By Seth Mattei

Students at Delgado’s City Park campus probably started the semester with questions about the stage being built between the Student Life Center and the duck pond, while fans of The Rocky Horror Show were likely excited to see the iconic “lips” flyer that reads “Don’t dream it, be it” posted throughout the hallways.

Beginning Halloween night and continuing for two weeks afterward, Delgado’s Theater Department will be reenacting Richard O’Brien’s outrageous musical about a mad scientist transvestite who creates a lover/monster named Rocky, (the film version, The Rocky Horror Picture Show is one of the most successful cult movies of all time). The play will be different from anything this department has done in the past; it’s a huge production,

see HORROR, page 7
New state of the art lab looks to grow Delgado’s digital media opportunities

By Blake Newman

Delgado and Louisiana FastStart came together to create the Digital Media Education Center, which is now offering courses in animation, web design, social media, Adobe, Captivate, along with other graphic pursuits.

Located on the school’s City Park campus in building 2E in room 218, the lab is preparing students for careers in video game design and other career fields that use graphic software.

In 2011, Delgado was awarded a Rapid Response Workforce Training Fund grant through the Louisiana Community and Technical College System. According to Rachelle Matherne, Interim Asst. Director, “The grant was specifically written to address regional demands for training related to the video game and film industries.”

These courses are more short-term than typical college courses, and because the lab is part of the continuing education program, financial aid is not currently available. Matherne has goals to develop a series of technical certificates for the program, which could open the door for financial aid opportunities in the future.

Customized Mac Pro workstations include 2.66GHz 6-Core Intel Xeon processors with NVIDIA Quadro 4000 graphics cards, and wouldn’t be complete without the 27-inch LED Cinema Display monitors. The workstations also include Wacom Intuos4 pen tablets. The software used for video editing courses are all created for and sold by Apple.

“Each workstation is also connected to a fiber-optic server, which helps simulate a commercial studio environment with shared workflow capabilities,” Matherne said.

The computers can run either Mac OS X or Windows 7 operating systems, and both the computers and workstations were designed specifically for this program and cannot be purchased from Apple. Courses in the lab are also open to the general public.

Chancellor among New Orleans Magazine’s “People to Watch”

By Delgado Office of Public Relations

The September issue of New Orleans Magazine includes Delgado Community College Chancellor Dr. Monty Sullivan on the publication’s annual list of “People to Watch” in the New Orleans area. The list is described in the magazine as “our latest sampling … of new faces doing noteworthy activities.”

Dr. Sullivan is highlighted with a photograph and a story that mentions, among other things, his recent appointment as Chancellor of Delgado, his plan to target Delgado’s programs on current and emerging workforce needs and his intention to celebrate Delgado’s centennial in 2021. Other area higher education leaders on the “People to Watch” list include UNO Chancellor Dr. Peter Fos and Dillard University President Dr. Walter M. Kimbrough. All three leaders began their jobs in 2012.

The Dolphin

The Dolphin is written, edited and produced by students enrolled at Delgado Community College, Delgado alumni and guest writers invited by staff to submit work. Signed opinions are those of the author and do not necessarily represent the views of the administration of Delgado Community College, other members of the staff, or the faculty adviser to the newspaper. The Dolphin reserves the right to accept or reject any submission or advertisement. Only publication constitutes acceptance of the submission or ad.

Letters to the editor should be typed, double-spaced, and not longer than 400 words. Guest columns and articles should be no longer than 700 words. The Dolphin reserves the right to edit letters and guest columns for space and to reject any letter without notification of the author. Faculty and staff members should include their titles and department. Students should include their majors and classifications.

All submissions must include full name and phone number. Submissions can be mailed to The Dolphin, 615 City Park Ave., New Orleans, LA 70119 or brought to the Dolphin office in CP11 Room 104, Monday through Friday. The office phone number is (504) 671-6005, and the e-mail address is thedolphin29@gmail.com.
Scholarship for freshman encourages campus participation

By Blake Newman

Many freshmen at Delgado have scholarship opportunities they may not even know exist. The requirements for the Leadership Scholarship are simple, and a great way for students to get involved at all campuses.

This scholarship is dedicated to first time freshmen, and requires full time (12 credits) enrollment as well as a 2.5 GPA. Along with these academic requirements, potential recipients must participate in an approved student organization on campus. Students must attend at least four meetings or events held by the chosen organization. The organization’s advisor then needs to fill out the appropriate form to be turned in.

A list of approved organizations, as well as the required form can be found at www.dcc.edu under the “Student Life” section, “Organizations”, “Leadership Studies.” The deadline to submit the scholarship form is Nov. 30 for the current semester, and April 30 for the upcoming spring semester. Forms must be taken in person to the Office of Student Life (located on all campuses), and reported to studentlife@dcc.edu.

Out of the classroom and into the community through service learning

By Jordan Dolese

Each and every year, Delgado continues to give back to the community. Last year, Delgado’s Service Learning program saw students contribute a total of 5,274 hours through the college’s course-based service learning program, which contains 60 different courses.

What exactly is service learning though? It’s a way of connecting the classroom with the community, and giving students a hands-on method of learning. Matt Sweeney, one of the program’s coordinators, describes service learning as “mashing community needs and learning objectives.” For example, dietetic students may prepare hearty meals and then distribute them to the homeless. Students in a respiratory class have worked on an anti-smoking presentation for a local elementary school. Meanwhile, math students may offer tutoring to fellow students in developmental classes.

What do all of these students have in common? They are all gaining valuable real-world experience and career insight. Rather than the typical classroom approach of lecturing and taking tests, more teachers are turning to the hands-on approach that service learning has to offer. This allows students to apply learned class material in a real-life setting. In turn, it is also a great way to boost your resume.

To find out what events are going on now, or other important dates you can visit www.dcc.edu/servicelearning. You can also stop by building 1, room 212W7 of City Park’s campus or send an email to delgadoservicelearning@gmail.com.

DCC gets $10M from Navy

By The Associated Press

The Navy has given Delgado Community College a $10 million grant to help enhance its advanced manufacturing programs at the Avondale shipyard in suburban New Orleans. Avondale, owned by Huntington Ingalls Industries, is scheduled to close in 2013 after two Navy ships currently under construction there are launched. But officials say the skills being taught are applicable not only to shipbuilding but to other industries, too.

Delgado Chancellor Monty Sullivan says the investment will have a major effect on the economic future of New Orleans and the entire Gulf Coast. Delgado has offered educational programs to train workers for the shipbuilding industry since the 1940s. During World War II, Delgado trained workers who built PT and Higgins boats for the Navy where Delgado’s City Park campus now stands.

Associated Press News Briefs

City

Nine preachers and activists who were arrested on Sept. 1 after they allegedly yelled slurs during the Southern Decadence gay pride festival plan to sue the city of New Orleans over the constitutionality of part of its ordinance banning “aggressive solicitation” in the city’s storied French Quarter. The law, passed in 2011, prohibits “any person or group of persons to loiter or congregate on Bourbon Street for the purpose of disseminating any social, political or religious message” after dark.

State

The U.S. Department of Transportation is giving $9.4 million for repairs and other work to improve the safety at 10 regional airports around Louisiana. Congressman Charles Boustany Jr. says the Lafayette Regional Airport Commission is getting $5.8 million to improve runway safety. Sen. Mary Landrieu says another $1.2 million will pay to repair the runway at Lafreker Airport in New Orleans. Other grants are for improvements and repairs to airports at Jonesville, False River, Thibodaux, Monroe, Bastrop, Farmerville, Ruston and Winnboro.

National

The price of oil closed above $98 a barrel for the first time in more than four months after the U.S. Federal Reserve announced aggressive steps to boost the U.S. economy. The Fed said it will spend $40 billion a month to buy mortgage-backed securities for an indefinite period. The purchases are intended to lower long-term interest rates to spur borrowing and spending. The Fed also extended a plan to keep short-term interest rates at record-low levels through mid-2015, as it attempts to boost an economy it says is too weak to reduce high unemployment.

International

Violence erupted at an opposition campaign event in Venezuela as supporters of President Hugo Chavez blocked a road and a campaign truck was torched. Both sides hurled rocks, and police said at least 14 people were hurt. A large crowd of Chavez supporters in red shirts blocked a main road near the airport in the coastal town of Puerto Cabello before a visit by opposition candidate Henrique Capriles. A truck used by Capriles’ campaign was set ablaze, and a motorcycle was also torched.
Sigma Chi Eta offers communication majors benefits now, and after graduation

By Julie Tommeraas

Sigma Chi Eta stands for the National Honor Society of Speech Communication. The requirements to be a member of the group are being enrolled full-time, and maintaining at least a 3.0 GPA, with nine hours in the Performance and Media Arts major at a 3.2 GPA or higher. The induction for the society takes place during the spring semester, typically at the end of April prior to the Delgado television department, “DTV” showcase. Many of the students in this society are also involved with DTV. Not only do these students work hard in their major, they also work at helping the community.

Jenny Louis, the group’s faculty advisor for the past 10 years, notes that Sigma Chi Eta lends a hand to The Bridge House, a drug and alcohol addiction treatment center, at their annual Cochon Cotillion event, and she fondly remembers driving to Chicago with fellow advisor Susan Hague to receive the award for National Chapter of the Year in 2007. Delgado alumna Chelsey Tharp, who graduated last semester with a degree in Print and Broadcast Journalism, is a member, and says that, “Sigma Chi Eta will always look good on a resume or application.” Chelsey is a perfect example of a graduate benefitting from campus involvement. She is currently at Southeastern University pursuing a bachelor’s degree and is an intern at Fox 8 WVUE. Students who meet the requirements are encouraged to join, as being part of a group like Sigma Chi Eta is the type of extracurricular involvement that future employers expect, and are excited to see on resumes.

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fuel on Sept. 5 to the water treatment plant in Port Sulphur, a community devastated by Hurricane Isaac, and the other was to supply local residents with food, water, ice and tarps. Staff Sgt. Brandon J. Gallagher, a 159th Aircraft Maintenance Squadron avionics specialist, was tasked with driving 300 gallons of fuel to Point Sulphur. Once there, an Army Guard UH-60 Black Hawk helicopter crew sling loaded it and placed it on top of a water treatment facility in order to power a generator that the Army Guard had flown in the day before.

“This has probably been the highlight of hurricane response for me because we are helping people in a devastated area get clean drinking water,” said Senior Airman Leah Crow, 159th Aircraft Maintenance Squadron avionics specialist.

Air Guardsmen took the lead on two additional missions, opening Points-of-Distribution sites in Port Sulphur, Sept. 5, and another in Boothville, Sept. 6. Airmen at these sites managed and supplied residents with water, ice, MREs and tarps.

Senior Airman Gary Martin, 259th Air Traffic Control Squadron radar technician, said those coming through the commodities line were incredibly receptive and grateful to the Guard.

“These residents have been so appreciative and considerate,” said Master Sgt. Daniel P. Farrell/Louisiana Air National Guard.

Louisiana Air National Guardsmen, Senior Airman Marci E. Belton and Senior Airman Gary Martin, both of the 259th Air Traffic Control Squadron, load commodities into the back of a resident’s vehicle.

Martin, explaining that many residents wanted no more than the minimum distribution to make sure their neighbors would have enough when they came through the line. Gallagher, who had worked at several POD sites prior to delivering the fuel, summed up the sentiments of many of the Air Guardsmen working in Plaquemines Parish by saying it was an “honor” to serve the community regardless of what he was tasked to do.
An open letter to the student body from SGA City Park President Joshua Benítez

This semester appears to be a rough one. We all had to endure the woes of yet another hurricane. It washed away a week and a half of school, and it whisked away our break in October. Some of our students have even suffered the loss of their homes and possessions. It seems with this occurrence, along with the pressure of our financial aid debacle we are starting off behind the eight ball. However, I see it as an opportunity. I see this as a challenge to prove what we are capable of. I don’t think it will be as simple of a semester as we would hope, but I do feel that it can still be just as successful. Opportunity, I encourage you to be more involved than ever. We want your opinion, and we need your voice. I believe that we can all surmount these difficulties. Take the time to attend our many events. Take the time to talk with teachers and fellow students when you need assistance. If you see a booth or table set up by a non-profit organization - take advantage of the opportunity to learn about the business. Perhaps you have a business degree, or are in their school. If so, come to our office in building 11, room 105, and let’s discuss it so that we can work for you. Read the fliers posted all around our campus. Follow the Delgado Facebook page. Filter through your @my.dcc.edu inbox and find out what’s going on.

Finally, the next time you notice a town hall meeting scheduled, I would like to see you there. This time, you will hear about the resources available. Now we have to take advantage of them. Whether or not we do, we have already paid for it.

Priey parking: a small crime that doesn’t pay

By Chris Farrell

Delgado students should keep in mind that if they park their vehicle at Burger King on City Park Ave., they’re going to have their wheels towed away. At the price for having your car towed from the Park Avenue Plaza, where Burger King is located, is over $160, and the owner of the vehicle will have to show current registration and insurance to the towing company in order to pick up their ride. It is illegal to park in Park Avenue Plaza: not a serious crime, but enforceable, and it is safer to park off-campus if a decal is not visible. Students are welcome as our customers to sit with their coffee or soft drink and study here for a while because we offer free Wi-Fi; that’s OK. They are our customers too. So it’s a question of not taking advantage of the situation. Students are welcome as customers to sit with their coffee or soft drink and study, but not to park their ride in our parking lot and then go off to school. There are signs that warn them. I wish more students would read the signs and not get towed.

On-campus parking requires a parking permit decal issued by the campus police office. First you need to pay for it at the bursar’s office in building 2, and then bring your registration, driver’s license and insurance to the campus police office to receive the decal. It’s safer to park off-campus if a decal is not affordable. A short walk is better than a $30 parking citation. If a citation is not paid, a hold is placed on all student records-registration, grades, transcripts, graduation-a student is all but paralyzed until the fine is paid. You may need to get a temporary pass if the vehicle for which you originally obtained a decal for is temporarily out of use, (and you are currently using another vehicle). Bring your current decal’s number, registration, and insurance for the temporary vehicle to the campus police office to get a temporary pass and avoid unnecessary parking citation fines. Remember that even with a current campus parking permit decal, students are only allowed to park within the yellow-lined parking spaces; the white-lined spaces are reserved for faculty. Crime doesn’t pay; even small, avoidable crimes like parking illegally.

City Park campus suffers minimal damage during Hurricane Isaac

By Brittany Jones

As the seventh anniversary of Hurricane Katrina approached, Delgado’s City Park campus was forced to prepare for another hurricane. Remembering the massive flooding as a result of Katrina, Delgado’s custodians and staff prepared for a storm which was expected to have powerful winds of over 150 miles per hour and up to 10 inches of rain.

With classes cancelled, and Orleans Parish under a voluntary evacuation, campus resembled a ghost town. Early Tuesday morning, Aug. 29, Hurricane Isaac was stalled over the metro area.

As the storm passed, it left most of the city without power, including the City Park campus. The next day, janitors who did not evacuate, voluntarily came in, pulled out generators, and began to clean up the debris and assess flood damage.

Classrooms on the second and third floor of building 1 had fallen ceiling sections and tiles in need of replacement. Minimal water entered the building as sandbags had been placed at every entrance. The mechanical shop suffered minor flooding, and a tree had fallen in front of building 1. The library, located in building 10 is still closed due to mold issues.
Music review: new punk albums signal the end of summer

By Seth Mattei

The Holy Mess- Cande Ru Las Degas

A punk rock record from an up-and-coming Philadelphia band with a foreign title and crusty cover art on a cool label (Chicago's Red Scare Industries) seemed promising. But the debut full-length from the Holy Mess is nothing more than a polished turd. The title of the opening track, "My Boring 90's" is an apt description of what can be found here: the most dull, predictable, half hour of music that I have heard all year. For a band that seems to strive to be offensive, these guys made a record for 12-year-olds who missed out on Screeching Weasel and Hot Water Music when those bands were still cool. There are some catchy guitar leads here and there, and the gruff vocals sound decent enough, but this is mere background music at best, something that punk rock, and rock music in general, should never strive to be.

NOFX- Self-Entitled

After 2009's Coaster, a jumbled disaster of an album if I've ever heard one, I decided that NOFX was pretty much through being relevant. Frontman "Fat" Mike Burkett runs Fat Wreck Chords, possibly the most successful label in punk rock for the past 15 years. Where his irreverent song writing used to be biting and funny, it is now bitter and pretty stale. Burkett is now 45 years old, recently divorced and, despite this is the band's self proclaimed "first pure punk album in 20 years," melodies are repeated, and parts of songs are consistently better than the whole. The most "punk" aspect of this record is that it’s all over in less than a half an hour. The solos by lead guitarist El Hefe shred, as usual, and the songs "This Machine is 4" (based on The Sneetches by Dr. Seuss) and "I Believe in God- shred, as usual, and the songs "This Machine is 4" (based on The Sneetches by Dr. Seuss) and "I Believe in God-

Propagandhi- Failed States

If NOFX are the sour milk of punk bands, Propagandhi are like a fine red wine - dry, but tasteful. This Canadian quartet make a point of surfacing about every four years to blow their fans' minds and refine their definition of "progressive thrash." These songs are not as easy to listen to as their past offerings, but they are rewarding nonetheless. The first track, "Note to Self," is a spiraling build-up of melodic, yet melodic chords and sly changes. Guitarist/vocalist Chris Hannah has never sounded more urgent and bassist/vocalist Todd Kowalski sounds like he's about 10-feet-tall on the songs he sings. The Hannah-sung "Devil's Creek" is the stand-out song for me though, with the lyrics "Never understood the other kids, the adults even less/So I hung out by myself in a backwoods drainage ditch/I called it Devil's Creek so it wouldn't seem so sad/When you can't have what you want, you learn to want what you have/These adaptive preferences have their way with you, shape world events." With tips of the hat to journalist Chris Hedges and indigenous peoples the world over, Propagandhi's lyrics are progressive, but completely non-partisan, refusing to buy into any corporate-funded political party. The music is heavy, harrowing and incredibly nuanced.

"Prayers and Lies": a family drama that both saddens and surprises

By Blake Newman

"Prayers and Lies" is a novel by first-time fiction writer Sherri Wood Emmons. The book tells the story of two cousins who grow-up together, and become distant at the same time.

Narrated by Bethany, one of the main characters, she tells the story of her life growing-up alongside her cousin, Reana Mae. The girls live very different lives and Bethany tries her hardest to look out for Reana. Each character in the novel plays a special role in the girl's lives, and as a reader, you grow to either love or hate them. Bethany is one of four children that Helen and Jimmy have, but Reana Mae is practically adopted into the family.

No one accepts Reana Mae the way Bethany does, and although the girls are very close in age, they are brought up in two very different worlds. Reana Mae lives with her mother and very absent father in Coal River Valley. Her mother Jolene is not the maternal type, and throughout the story is constantly obsessed with her. Bethany lives in an opposite world where her parents are involved in every aspect of her life. Over time, the close relationship between the girls dwindles into nothing more than a blood relation. Bethany can see her cousin's life heading in the wrong direction, but is unsure of how to help. This page-turner keeps the reader wondering what will happen next, and leaves one surprised that it is the first work of fiction by Emmons. The story creates a curiosity about the girl's deeper lives, and has twists that both shock and sadden.
A mixed-media swamp fairytale comes to life in campus gallery

By Megan Alleman and Erin Krall


Baton Rouge artist Kelli Scott Kelley, Gallery opens this semester The Isaac Delgado Fine Arts Gallery opens this semester with its first exhibit, Tale of the Swamp Monster, by Baton Rouge artist Kelli Scott Kelley.

Kelley creates mixed-media drawings and paintings on found materials like paper and antique fabric. She describes Tales of the Swamp Monster as a "surreal fairytale mired in the haunting landscape of southern Louisiana."

Kelley creates charcoal and acrylic on found materials like paper and vintage fabric. Kelley creates charcoal and acrylic on found materials like paper and vintage fabric.

Kelley's work addresses issues that face the Louisiana environment in a unique and powerful way. I have always been a fan of Ms. Kelley's talent, craftsmanship, and her commitment to sharing her work with the public. It has also been an absolute pleasure to work with her and bring her work to our students."

Kelley's work shows a fantastic world of imagination, and remains both cutting-edge and interesting by letting the recycled surface's previous life remain alongside her re-incarnation.

Tales of the Swamp Monster is on exhibit at Delgado through Sept. 27. There will be a closing reception in the gallery on Wednesday, Sept. 27 from 6 p.m. to 8 p.m.

The Isaac Delgado Fine Arts Gallery shows works from both students, and talented artists from outside of Delgado. It is located on the 3rd floor of building 1, on the City Park campus, and is free and open to the public. To learn more about Kelli Scott Kelley's work, please visit her website www.kelliscottkelley.com.

Colorful denim transitions to fall

By Khanh Nguyen

We can never go wrong with a pair of classic blue jeans, but after all these years, fashion lovers may tire of always wearing blue. It's time to add more color to our wardrobe for fall. Here we are in September, and colored jeans are still the rage. We can see colors popping up everywhere from the catwalk to street style. Many celebrities are madly in love with this trend, so why not us?

A colored jean became popular in 2011, beginning with teenagers sporting the bold look. It has now become a huge hit with women, and men of any age and body type. Colored denim is now available in many tones from pastel greens and lavenders to bold reds and yellows.

Bright orange bottoms might seem a little intimidating at first, but it can look incredibly chic when paired with the right top and accessories. There are many ways to wear this look depending on how bold you want to go. The easiest method is to pair colored denim with a neutral top, like shades of black, white, gray, or camel. The trick is to choose one focal point of the outfit and play down the rest. If a neutral top seems too dull, add a print scarf or a statement necklace that matches the hue of the jeans. Finishing off the look with a pair of heels is a simple way to take the outfit from day to night.

The cost of jeans varies from brand to brand. If good quality is what you're after, JBrand is a good bet, and will cost $150 and up. If slight color fading isn't a big concern, or you're afraid this trend may go away quickly, you can get a pair for around $25 from Forever 21.

Color blocking is also a popular way to wear colored jeans. A yellow jean, purple top, with a cobalt cardigan is an example of this idea. While we can run the risk of looking like a clown, if done right, it can be very chic. Remember, fashion doesn't play you, you play and have fun with fashion. Even though traditional blue jeans aren't going to disappear, let's give colored denim a try and liven up our fall wardrobes with unexpected hues. Stay chic!
After a busy off-season, the NFL is back

By Trey LeCompte

It’s been a crazy off-season with the Saints Bounty scandal, Peyton Manning signing with the Denver Broncos, Tim Tebow signing with the New York Jets and replacement referees filling in to call games. Nevertheless, football is back and ready to give fans something to be excited about.

The Saints will play this season without Coach Sean Payton at the helm, but Jonathan Vilma and Will Smith have been cleared to play. The Saints Offensive Line Coach Aaron Kromer will coach the first six games until Assistant Head Coach Joe Vitt comes off of his suspension and takes over in week seven. The Saints also signed quarterback Drew Brees to a five-year, $100 million deal over in week seven. The Saints also signed quarterback Drew Brees to a five-year, $100 million deal.

With Luck as the new man in Indy, the team parted ways with Manning who became the prize free agent this year. After visiting and talking with a few teams, Manning decided to sign with the Denver Broncos and hopes to return to being the elite quarterback he once was.

With Manning now in Denver, the Broncos traded quarterback Tim Tebow to the New York Jets where he is the backup quarterback to Mark Sanchez. The Jets are also looking for Tebow to be on the punt protection team and to run the wildcard offense. The Jets are no strangers to the spotlight and Tebow-mania is definitely drawing attention.

With the NFL referees being locked out and no resolution in sight, the league plans to use replacement referees until week five of the season. So far, this has made some fans uneasy and worried about wrong or missed calls. With the season officially underway, it’s now time for fans to cheer their team on to a Super Bowl victory.

Playing college sports: the balancing act

By Megan Allen

Playing college basketball, and managing class work is no easy task. Many not realize the rigorous practice schedules, games, and traveling involved for student athletes. We want our players to be 100 percent focused on the game, yet at the same time, they need to be just as focused on their school work. It’s easy to forget while watching games on television, that college athletes are actually going to school, and that the sport is not, in fact, their job.

The Dolphins men’s basketball team captain, Patrick Gales, is currently in his second year at Delgado. After two years on the court as well, says, “It’s not really been too hard to keep grades up while traveling for the team,” noting that instructors tend to be understanding of the athletes situation.

Associated Press Sports Briefs

Boxing

For 11 rounds, Sergio Martinez did everything he wanted, including giving Julio Cesar Chavez Jr. the beating he promised. Then came a wild 12th round that will be talked about in boxing for a long time to come. Bleeding from the nose and his face bruised from the hands of Martinez, Chavez somehow found a way to land a left hook and then another that put Chavez on the canvas before knocking him out in the 12th round.

Hockey

NHL stars Evgeni Malkin and Sergei Gonchar have signed with Metallurg of the Kontinental Hockey League after the NHL imposed a lockout of its players. Metallurg, based in the Russian industrial city of Magnitogorsk, said in a statement that it signed the two Russian players through the end of the 2012-13 season. The NHL formally locked out its players after the collective bargaining agreement between the sides expired. Malkin, a 26-year-old center with the Pittsburgh Penguins, is the NHL’s reigning MVP. Gonchar, 38, is a defenseman for the Ottawa Senators.

Olympics

U.S. speedskating coach Jae Su Chun was placed on administrative leave, hours after his spokesman released a statement denying claims of verbal, physical and psychological abuse brought by current and former members of the national team, including five Olympic medalists. Nineteen short-track skaters filed a wide-ranging grievance against U.S. Speedskating and 14 signed a code of conduct complaint with the U.S. Olympic Committee. A USOC spokesman confirmed the organization is investigating charges that include accusations Chun slammed an athlete against a wall and repeatedly hit him, threw bottles and chairs at skaters, and repeatedly told female skaters they were “fat” and “disgusting.”

Soccer

The player who Australian football officials hope will help revitalize the sport in the country, arrived to start a two-year contract with Sydney FC. Former Juventus and Italy forward Alessandro Del Piero made quite an impression several days away from strapping on his boots for his first training session. Del Piero, a member of Italy’s 2006 World Cup-winning team and who scored a club-record 286 goals for Juventus, is expected to help bring greater exposure — and spectators — to the struggling A-League, which has suffered from declining crowds and the folding of two teams in the past two seasons. His arrival was televised live by a sports network across the country.

Tennis

Thousands of people lined the streets in gloomy Scottish weather to give Andy Murray a rousing welcome to his hometown of Dunblane as he celebrated his Olympic and U.S. Open victories. Britain’s first men’s Grand Slam winner in 76 years arrived on an open-top bus before walking slowly through the town’s streets, signing autographs as the crowds chanted his name, waved Scottish flags and lifted homemade placards. The 25-year-old Murray beat Novak Djokovic in five sets to win the U.S. Open and end his agonizing wait for a major title, five weeks after he routed Roger Federer in the final of the Olympic tournament.
Scientists may have discovered a blueprint for male contraceptives

By Jordan Dolese

A group of researchers who published their work in the science journal "Cell," recently discovered a compound called JQ1 that may pave the way to a male birth control pill. The initial discovery was made by James Bradner of the Dana-Farber Cancer Institute and Martin Matzuk of the Baylor College of Medicine. Initially thought to be an anti-cancer treatment, the scientists discovered that the compound was effective in regulating reproduction. Once the mice were no longer being given the compound, their normal reproduction rates resumed and both the health of offspring and testosterone levels went unaffected. Many female contraceptives affect hormones, and particularly, estrogen levels. JQ1 would be revolutionary if it exhibited no side effects and was able to work as effectively on males as other contraceptives have for females over the years. Although it may take some time to develop a derivative that works as effectively on humans, Bradner believes that "JQ1 shows initial promise as a lead compound for male contraception."
Erika Canales

ERIKA EXPLAINS IT ALL

Dear Erika,

I’ve been in a committed relationship for the past five months. I really like my girlfriend but I don’t love her. I think she’s amazing and I’ve really enjoyed myself, and her company but I don’t see it going far in the long run. Everyone thinks we are perfect but I’m not seeing it. I feel like we have some things in common, but then some things we are opposites in to an extreme. When we chill, I am comfortable, it’s almost like I’m with one of my guy friends. Five months isn’t the longest relationship I’ve been in, but this one feels like it’s been five years. I’m just looking for more. How do I end things without hurting her feelings?

-Breaking Up Is Hard To Do

Dear Breaking up Is Hard to Do,

I think you should be completely honest with your girlfriend. If time has been dragging for you, there is a great possibility she is equally unhappy. Maybe she also feels like you are becoming more of a friend to her? I think opposites attract but ultimately it’s important to choose a partner who is similar to you in communication skills, intelligence, and goals. The reason I suggest you be honest is that the breakup could come as a shock and it’s better for her if she knows the truth behind your decision. I’m not sure if you plan on staying friends with this girl but prepare yourself for her refusal. Breaking up is hard on both parties but even worse when you’re on the receiving end and did not see it coming. Be honest, but decent of course, give her the closure she deserves and allow her to look for more with someone else.

-Dear Erika

Dear Erika, my sister recently came out as gay to my parents and to say they were unhappy is an understatement. She has been living on her own with a roommate for the past year and I suspected there was more between them. I actually really like ‘Bianca a lot. She’s really nice and a good balance for my sister. I feel terrible because I am the one who encouraged her to come out to our parents in the first place. They said some pretty ugly things to her and refuse to speak to her or see her again. I kind of always knew the truth and have no idea how her being homosexual came as a surprise to them. I know my sister pretty well and she’s putting on a brave face. Bianca prepared her for this fallout but I still want to make things right.

How do I get my parents to accept this and get my family back together?

-Born This Way

Dear Born This Way,

I think it’s amazing you support your sister and strive to make all well again. The truth is you may not be able to. Times are changing but for some people they haven’t changed enough. I’m curious if your parents have maybe been in denial about your sister? Maybe they knew the truth like you did but are simply afraid for her. Your parents probably assume your sister’s life will be hard because of her lifestyle choice. I think that support for the lesbian, gay, bisexual, and transgender community has risen significantly and things will only get better in the years to come. Stay positive for your sister and for your parents. You can remind them that you have a sister and they have a daughter who is happy and healthy and free to be who she really is. Don’t continue to guilt trip yourself because of their poor reaction.

-Dear Erika

I am a young, attractive, independent, and single lady. I believe that as young woman today, I am entitled to make my own decisions and not be judged for them. A few years ago as a teenager I made a bad decision that led me to trusting an older guy and as result I will live the rest of my life with a sexually transmitted disease. I regret the naive choices I made but have finally come to a good place and I am at peace with myself. The experience made me afraid to trust anyone and even more afraid of entering another relationship. I know who I am and what I have to offer and I decided to be honest with anyone who pursues me. I met someone I really like and I am actually afraid to tell him. I feel like him having a lesser opinion of me would hurt so much. What do I say to him? What do I do if he wants out? How do I let someone in on my dirty little secret?

-Dirty Little Secret

Dear Secret,

I refuse to call you dirty. It’s just a horrible thing to say or think about oneself. You started off that letter sounding very sure of yourself and that’s the girl that needs to sit this young man down and tell him the truth. The truth about you is not that you are unclean, damaged or unworthy of someone’s love. You are a young, attractive, independent, and single lady who made a mistake. If this guy can’t get passed that, he is entitled to his choice. Whatever the outcome is, his opinion of you doesn’t matter.

Opinion Poll

With our fall break cancelled due to school closure for Hurricane Isaac, what are some other ways DCC could handle make-up days in the future?

“Make classes longer. People could stay 30 minutes late a few times throughout the semester.”

-Devan Branch

Social Science Education

“I think school is more important than anything, so we could cancel some other holiday time or add more chapters to the curriculum.”

-Christian Bell

General Studies

“Email students work lists so that they can keep ahead and work at home.”

-Tiffany Wondrley

Computer Networking

“Without adding days to the semester, time has to be taken from somewhere. The work has to get done.”

-Darrell

Electronic Service Technician

“We can’t cancel holidays, but some days could be added at the beginning of December.”

-Brittany Guidry

Physical Therapy
What is your idea of perfect happiness?
Sunset in the mountains, a hammock, a shortwave radio, and a cold beer.

What is your greatest fear?
Sorry to be cliché and predictable, but...death. Otherwise, heights.

What historical figure do you most identify with?
I used to idolize Thomas Edison, but then learned much of what he “invented” was the result of collaboration for which he got credit. Maybe, Edwin Howard Armstrong, inventor of FM radio and the superheterodyne circuit. He was a genius, the victim of corporate intrigue, and a tragically flawed man.

What is your greatest extravagance?
Frozen yogurt. Do you realize that a single serving can be $5-$6? You could buy a gallon of ice cream for that! Ah, but frozen yogurt is soooo good!

What is your current state of mind?
Scattered. And, self-critical for being scattered. And, self-critical for being self-critical.

What do you consider your greatest achievement?
More than writing my Master’s thesis in a month or snagging a couple of Emmy awards, my greatest achievement is being alive. And, I had a LOT of help in that category!

What is your most treasured possession?
My 1920’s vintage Atwater-Kent radio. My wife bought it for me when we were dating; I knew then that she was the “one”.

What do you consider the most overrated virtue?
Modesty.

On what occasion do you lie?
Whenever I get special orders from the President or my handlers at “The Company”, or Thursday, whichever comes first.

What do you dislike about your appearance?
I’m about 25 pounds heavier than I’d like to be and my thick, dark hair is no longer either of those things.

Which living person do you most despise?
I don’t despise anyone, but I’m not overly fond of Rush Limbaugh.

Which words or phrases do you most overuse?
Groovy, “holla at ya’ boy,” and a lovely collection of words I can’t mention here

What is the trait you most deplore in yourself?
Procrastination and disorganization.

What is the trait you most deplore in others?
Not making the effort. That, and valuing style over substance.

Which talent would you most like to have?
To be able to sing and actually carry a tune. I’m not tone-deaf, I know I can’t hit the right notes!

What is your greatest regret?
Eating that second cinnamon roll.

What do you consider the greatest love of your life
My wife.

When and where were you happiest?
Happy? Hmmmm...let me get back to you on that!

Where would you like to live?
New Zealand, Canada, Arizona, New Mexico, or maybe Westwego.

If you could change one thing about yourself, what would it be?
Disorganization and a tendency toward clutter.

What do you most value in your friends?
Patience.

Who are your favorite writers?
Walker Percy, Patrick O’Brian, Dewey Lambdin, Erik Larson

What is it that you most dislike?
The deadly combination of arrogance and stupidity.

Who is your favorite hero of fiction?
Captain Jack Aubrey of the “Master and Commander” series

How would you like to die?
Drifting off to sleep, listening to a distant radio station fade in and out like waves lapping at the shore.

What is your motto?
1. Find something you like to do so much that you’ll do it for free, then do it so well that they pay you for it.
2. Everyone is entitled to their own opinion, but not their own facts.
**CAFE NAVARRE**

1 Block from Delgado Playground

800 Navarre Ave. NOLA 70124  (504)483-8828
Covered patio seating. Free WIFI.

**lunch hours:**  7 days/week 10:30am-3pm

**FRESH SALADS**

- **Sesame Chicken Salad** Scoop of chicken salad on Romaine with bacon, almonds & Asian sesame ginger
- **Spinach Salad** with bacon, dried cranberries, red onion, boiled egg & ranch dressing
- **California Cobb** Grilled chicken, bacon, avocado, boiled egg, tomato & cheddar on romaine with honey Dijon
- **Mediterranean Greek** diced tomato, black olive & feta cheese on spinach served with feta vinaigrette
- **Caesar Salad**

**LUNCH COMBINATIONS**

Combine any two items from the following list:

- *Cup of soup of the day*
- *Small Caesar, Greek or Spinach salad*
- *1/2 sandwich on wheat berry* (chicken salad, turkey or ham)

**SANDWICHES  (w/chips)**

- **Triple Decker Club**
- **Chicken Salad**
- **Cold or Grilled Ham**
- **Cold or Grilled Turkey**

**PANINI SANDWICHES (w/chips)**

- **Spinach Artichoke** Sautéed spinach, artichoke, feta, tomato & mozzarella
- **Dijon Pork** Roasted pork, Swiss & Dijon mustard
- **Turkey & Avocado** Turkey, avocado, tomato & Swiss
- **Turkey & Bacon** Turkey, bacon, tomato & American
- **Club** Turkey, avocado, bacon, Swiss & honey Dijon

**POBOYS**

- **Roast Beef** Debris style roast beef poboy with gravy
- **Cuban** Pressed poboy w/ roasted pork, ham, Swiss, mayo, mustard & pickles
- **Fulettas** Pressed poboy with ham, salami, melted Swiss cheese & olive salad
- **Fried Shrimp**
- **Dirty Bird** Grilled turkey, debris roast beef, Swiss & gravy
- **Cold or Grilled Ham or Turkey**
- **Hot Sausage Patties**

**BURGERS**

- **Bacon Cheddar Burger**
- **Avocado Swiss Burger**
- **Dirty Burger** topped with debris roast & cheddar
- **Jalapeno Burger** topped w/ mozzarella & jalapenos

**SIDE**

- **Shoe string fries**, **sweet potato fries**, **chips**

**breakfast hours:**

Mon-Fri 7am-11am  Saturday & Sunday 7am-3pm

**EGGS BENEDICT**

- **Eggs Benedict**
- **Turkey Avocado Benedict**
- **Spinach Artichoke Benedict**
- **Sausage Jalapeno Benedict**

**BREAKFAST PLATES**

- 2 Eggs With potatoes or grits & toast or biscuit
- **Navarre Special** Scrambled eggs with cheese, ham, potatoes, onion & tomato, served with grits with jalapenos & cheese & toast or biscuit
- **Health Plate** Scrambled egg whites served with avocado & tomato slices, grilled turkey & whole wheat toast
- **Combination** 2 eggs w/ bacon, ham, or sausage & 3 small pancakes
- **Egg Sandwich** Bacon or sausage, egg & cheese
- **B.L.T.** Bacon, lettuce, tomato & mayo on toast

**OMELETTES**

- **Mediterranean** Spinach, artichoke, feta, mozzarella & tomato
- **Three Cheese** Cheddar, American & mozzarella
- **Southern** Bacon, cheddar & tomato
- **American** Ham & American cheese
- **California** Turkey, avocado, Swiss cheese & tomato
- **Southwest** Sausage, jalapenos, mozzarella & tomato
- **Veggie** Bell peppers, onion, tomato & mozzarella

**PANCAKES**

- **Buttermilk**
- **Chocolate Chip**
- **Blueberry**
- **Banana**

**SIDE**

- **Shoe string fries**, **sweet potato fries**, **chips**

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**Update your riding status.**

You study hard all week so getting around to visit friends and family when you get a chance should be a breeze. And it is—with LA Swift! For the price of a meal at a fast-food restaurant we can get you to New Orleans, Baton Rouge and many places in between, all in the comfort of our clean, comfortable coaches. Avoid driving concerns, parking nightmares and high gas prices and enjoy free onboard wi-fi and TVs!

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**I go to LSU in Baton Rouge but I live in New Orleans. The LA Swift helps me get to school and save on gas!”**

**I ride, my family and friends ride!**

BR TO NO TO BR!"

**“If it weren’t for Swift I would be spending an arm and a leg to get back and forth to work. Love the price and most of all the comfortable reclining seats. Thaxn Swift!”**

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**LA Swift HOTARD**

Louisiana On The Move

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