Arson suspected in Hollygrove fire

By D. Shedrick

A fire broke out at the intersection of Colapissa and Monroe Streets in Hollygrove on Thursday, Sept. 8 at 4:30 a.m. Two doors down from the blaze, mother of two, Lakecha Shedrick woke up to a popping noise and wondered if it was a shooting. The sound continued, so she looked out of the window and saw a woman running towards her home, who told her, “The houses behind yours are on fire!” Shedrick immediately got everyone out of the house, including the family dog, but started to panic because the trees that separated her garage from the blaze were on fire.

“The fire department did an excellent job of containing the fire,” Shedrick said. “Houses have been set on fire before to abandoned houses in this neighborhood. This was a very scary experience, and families should have a plan about what to do if there is a fire—for safety and evacuation.”

The fire is still under investigation, but arson is suspected.

Two abandoned houses caught fire in the early hours of Sept. 8, endangering the occupied houses nearby. Firefighters contained the blaze, which is under investigation.

Robbers target Delgado

Laptop, computers stolen

Compiled by Dolphin Staff

Between 2 and 4 a.m. on Wednesday, Sept. 6, computer hardware was stolen from a classroom in Building 22; also stolen, a laptop from the Bursar’s office and a coffee table and sofa from Building 2. One subject was arrested because of footage caught on closed circuit TV cameras and all of the property was recovered. The investigation is ongoing.

In other campus crime news, on Monday, Aug. 22, at 7 p.m., in the east hallway of Building 1 on the City Park campus, two male subjects, who were later identified and arrested, snatched a laptop computer and cell phone from a Delgado student. The two thieves fled with the victim in pursuit.

The thieves were assisted in their flight by a third suspect, who was waiting in a vehicle. The getaway driver has not been arrested. The victim was able to obtain the license plate number of the fleeing vehicle which assisted in the identification and arrest of the perpetrators. None of the perpetrators were registered as students at Delgado Community College, according to campus police.

Saints get back to football

Who Dats hoping for a Two Dat

By Laura Richard

Finally. The 2011 NFL season is upon us. This year’s off-season was unlike any other because it was marred by the insanity that was the lockout. While every team wants to do the best they can and reach the pinnacle of the NFL season, the Super Bowl, few teams have shown as much determination, resilience and unity as the New Orleans Saints.

Proving once again how lucky New Orleans and the Saints are to have him, quarterback Drew Brees opened his wallet to pay for most of what he and his teammates would need to properly train during the lockout. He secured the Westfeldt Practice Facility at Tulane University for his teammates to run drills and have workouts as a group, as well as negotiated to have access to Tulane’s video room to review film. He brought his personal trainer in from California to supervise the conditioning program. Brees even paid for insurance and hotel stays for some of the younger players.

“We all wanted a place to work out, and we all wanted to be together,” Brees said to reporters during a May practice, according to the Tulane New Wave website. “We know there is a lot of uncertainty, but we are all about the things we can control.”

The Saints reinforced their well-established foundations of teamwork and camaraderie throughout the lockout. From the Tulane University workouts to participation in teammates’ charity events, a sizable number of Saints players worked together to improve themselves, individually and as a team. They embraced rookies, teaching them the rules and the playbook. Veteran players, rookies and free agents did everything they could to keep the off-season as normal as possible, as if they were actually participating in Saints mini-camp, and preparing for the

see TWO DAT, page 4
By Associated Press

Among travelers on Sept. 11, unease and confidence

Some travelers were plainly jittery about flying Sunday. Others weren’t worried, confident that security would be tight on the 10th anniversary of Sept. 11. And some figured, well, whatever happens, happens.

In Los Angeles, Kim Pinney, who operates a daycare center in Virginia, booked the latest flight home possible from a friend’s wedding in the belief that that would minimize her chances of falling victim to a terrorist attack. “If something was going to happen, it would happen during the day and then it would be over,” she said in a telephone interview since her flight was at 11 p.m. Sunday, she added. “Technically, I’m flying for an hour on 9/11 because it will be 9/11 for most of the flight.”

Authorities and travelers were clearly on edge:
— Two fighter planes escorted a New York-bound American Airlines jet after three passengers locked themselves in a bathroom during the flight from Los Angeles, officials said. A law enforcement official said the incident was not believed to be terrorism-related. The plane landed safely at Kennedy Airport.
— A man was detained at the Kansas City, Mo., airport and a terminal shut down after authorities found suspicious items in his carry-on bag. Authorities said the items tested negative for explosive materials, but they gave no further details on what they found.

— A rental truck parked at a curb at the Dallas-Fort Worth Airport caused a brief scare. Authorities became alarmed when the driver said, “I got a couple of guns,” but he turned out to be a member of the crew of the Discovery Channel program “Sons of Guns” — a reality show about a custom gun shop — and he was waiting for a co-worker, FBI official Kevin Gentry said.

In many ways, there were signs of Sept. 11 all around, even if passengers didn’t immediately realize it. Some travelers flew with an air of defiance and a determination to appear unfazed by the threat of terrorism.

John Hollenbeck, 49, of Canyon Lake, Calif., was scheduled to fly for business exactly 10 years ago, but his flight was canceled by the attacks. He was flying again Sunday, leaving out of John Wayne. “I have no concerns over terrorism. Not that I have no concerns over terrorism — I have no concern that security’s inadequate,” he said.

But George Hobica, founder of Airfarewatchdog.com, said major U.S. airlines have traditionally run one-day-only sales on the anniversary of the attacks, indicating they expect fewer passengers to fly. Those sales haven’t been offered this year, perhaps because Sunday is typically the busiest day of the week to fly, he said.

At Logan, the number of passengers appeared to be lower than usual for a Sunday morning, said American Airlines customer service representative Kellty Delouiz. “Today is slow and calm,” she said. “I think today some people stayed home and didn’t want to travel.”

Pam O’Hara, a nurse specializing in pediatric oncology whose husband is a retired New York firefighter who responded to the attacks on the World Trade Center, was returning to Hazlet, N.J., with her daughter, daughter-in-law and granddaughter from a nursing conference in Anaheim, Calif. She said she was apprehensive enough about flying on the anniversary that she avoided any flights from the Los Angeles airport and Kennedy Airport, figuring that they would be more desirable targets for terrorists. She was flying out of John Wayne.

“I would have preferred probably to fly tomorrow,” O’Hara said, but she said her husband, who never talks about the carnage he witnessed, assured her that extra security would probably keep her safe.
Clubbing on campus

A look at student organizations

By Laura Richard

From theatre, music, biology and nursing to culinary arts, horticulture, sociology and criminal justice, there seems to be a Delgado student organization for just about every interest you could imagine. While some organizations will only allow students to join if they are majoring in a particular field, others don’t have membership restrictions. This is the first in a series highlighting Delgado’s student organizations, starting with Growthworks Horticulture Club and Grammy U – Delgado Chapter.

Growthworks Horticulture Club encourages work in plant cultivation, whether you are interested in horticulture as a career or just a hobby. Personal and professional development is furthered through the experiences members have with each other and the plants they work. The club is open to all Delgado faculty, staff and current students.

According to program director, Bettie Abbate, “The club sponsors projects that anyone can participate in such as our ongoing wetland planting project.” Abbate noted that, last year, members made a trip to Grand Isle where they planted bitter panicum grass on the island’s sand dunes, in an effort to slow down the effects of coastal erosion.

Meetings of the Growthworks Horticulture Club discuss information from the industry with its members, as well as internship opportunities and future projects. You can sign up to become a member at any of the club’s monthly meetings.

There is a small $5 membership fee, which helps cover the cost of your member t-shirt.

For those of you with an interest in the music and recording industry, you might want to consider joining Grammy U – Delgado Chapter. As part of the Grammy U network, students become official members of The National Academy of Recording Arts & Sciences (NARAS) with opportunities to “participate in all official NARAS events, which include Grammy sound checks, where performing artists and their crews will invite Grammy U students to their sound checks to ask questions and interact with the artists, as well as back stage access to some of the artists that come to town,” Peter Cho, faculty advisor for Grammy U, said.

“Grammy U membership is the first step for our students to becoming full voting members of NARAS, where they will actually be allowed to vote for the Grammy Awards,” Cho continued. “It is also one of the standard professional organizations that most professionals in the music business belong to. This allows our students the ability to network with all of the music business professionals in our area.”

Delgado on the rise

Student enrollment advances in numbers

By D’Corian Jackson

Delgado’s 90th year as a college is not the only thing to celebrate. With the fall semester still in its first weeks, Delgado Community College has shown improvement in numbers for student enrollment. According to Delgado’s Office of Institutional Research, the enrollment for Fall 2011 is up seven percent since Fall 2010’s semester. As of the 8th day into the semester, Fall 2011 has pulled in 20,069 students compared to last fall’s admission of 18,628 students.

Since 2007, Delgado has steadily risen each year in enrollment to the college campus wide. According to collegiatestats.org, Delgado is the largest college in the New Orleans Metropolitan area, surpassing both University of New Orleans and Southern University of New Orleans. The increase in admissions to the college may be from the increase of tuition at the 4-year colleges in the New Orleans area, the cut of some of the courses at University of New Orleans, as well as transfer students and the economy.

“I believe that tuition is better at Delgado, although I would rather be at a four-year college,” said Jenna Randolph, a student in her second semester at Delgado. “The only problem is the costs at four-year colleges are too high.”

The national two-year cohort default rate rose to 8.8 percent last year, from 7 percent in fiscal 2008, according to figures released Monday by the Department of Education.

The figures come as a stalled economy is hitting student borrowers from two sides — forcing cash-strapped state institutions to raise tuition, and making it harder for graduates to find jobs.

The unemployment rate of 4.3 percent for college graduates remains substantially lower than for those without a degree. But many student borrowers don’t finish the degree they borrow to pay for.

“We believe that the default rates will go down when the economy improves and the unemployment rate drops,” Brian Moran, Interim President and CEO of the Association of Private Sector Colleges and Universities said.
BASKETBALL

(AP) - NBA Commissioner David Stern, union president Derek Fisher and several owners are spending more time talking about a new labor deal. This week, they'll find out if they can make progress in a bigger group. With negotiations at what Stern said is “getting to be an important time,” the talks are set for the second consecutive day last Thursday, again for about 5½ hours. They'll return in the bargaining table, this time with more players and owners, to try and find a way to end the league's lockout and save the 2011-12 season.

SOCCER

(AP) - Former top-ranked golfer Lorena Ochoa radiates happiness as she enters her 10th season on the LPGA Tour. After retiring in 2010 while at the top of the sport, Ochoa is excited to return to the competition she loved for 13 years, since a 16.2/28 for a Dallas-Minnesota game in 1999. Last year's 16.2/28 comprised of making the regional tournament as well as winning the conference, Coach Smith also has his eye on the big prize that has eluded Delgado for more than 20 years, the regional championship.

Two strong and hard work, this may just be the year we watch Coach Smith lead the Dolphins to that ultimate accomplishment.

Delgado men's and women's basketball season begins at home on Thursday, Nov. 3 with women starting at 5 p.m. and men at 7 p.m.

BASKETBALL

(AP) - The NFL opener between the New Orleans Saints and Green Bay Packers was the second-highest-rated season kickoff game. The Packers' 42-34 victory drew a 16.0 and a 26 share Thursday night on NBC. That also was the second best prime-time rating in 13 years, since a 16.2/28 for a Dallas-Minnesota game in 1999. Last year's 16.5/28 comprised of making the regional tournament as well as winning the conference, Coach Smith also has his eye on the big prize that has eluded Delgado for more than 20 years, the regional championship.

With a strong and hard work, this may just be the year we watch Coach Smith lead the Dolphins to that ultimate accomplishment.

Delgado men's and women's basketball season begins at home on Thursday, Nov. 3 with women starting at 5 p.m. and men at 7 p.m.

FOOTBALL

(AP) - The NFL opener between the New Orleans Saints and Green Bay Packers was the second-highest-rated season kickoff game. The Packers' 42-34 victory drew a 16.0 and a 26 share Thursday night on NBC. That also was the second best prime-time rating in 13 years, since a 16.2/28 for a Dallas-Minnesota game in 1999. Last year's 16.5/28 comprised of making the regional tournament as well as winning the conference, Coach Smith also has his eye on the big prize that has eluded Delgado for more than 20 years, the regional championship.

With a strong and hard work, this may just be the year we watch Coach Smith lead the Dolphins to that ultimate accomplishment.

Delgado men's and women's basketball season begins at home on Thursday, Nov. 3 with women starting at 5 p.m. and men at 7 p.m.

BASEBALL

(AP) - September, 2001 - Sports come to a standstill in the wake of terrorist attacks in New York and Washington, to a standstill in the wake of terrorist attacks in New York and Washington, the day after that tragic day.

TENNIS

(AP) - September, 2001 - Sports come to a standstill in the wake of terrorist attacks in New York and Washington, to a standstill in the wake of terrorist attacks in New York and Washington, the day after that tragic day.

GOLF

(AP) - Former top-ranked golfer Lorena Ochoa radiates happiness as she enters her 10th season on the LPGA Tour. After retiring in 2010 while at the top of the sport, Ochoa is excited to return to the competition she loved for 13 years, since a 16.2/28 for a Dallas-Minnesota game in 1999. Last year's 16.5/28 comprised of making the regional tournament as well as winning the conference, Coach Smith also has his eye on the big prize that has eluded Delgado for more than 20 years, the regional championship.

With a strong and hard work, this may just be the year we watch Coach Smith lead the Dolphins to that ultimate accomplishment.

Delgado men's and women's basketball season begins at home on Thursday, Nov. 3 with women starting at 5 p.m. and men at 7 p.m.
Serena Williams fined $2,000 by US Open

By Associated Press

Serena Williams has been fined $2,000 by the U.S. Open for berating the chair umpire during the final. Tournament referee Brian Earley issued his ruling Monday, a day after Williams was cited by chair umpire Eva Asderaki for verbal abuse during a 6-2, 6-3 loss to Sam Stosur at the 2011 U.S. Open.

Williams earned $1.4 million at the U.S. Open: $900,000 for reaching the final, plus a $500,000 bonus for finishing first in the standings of this year’s U.S. Open Series, which takes into account results at hard-court tuneup tournaments.

The USTA also said Grand Slam committee director Bill Babcock determined “Williams’ conduct ... does not rise to the level of a major offense.” She was under probation because of an outburst at the 2009 U.S. Open.

Not everyone was ready for season's kickoff

By Associated Press

It didn't take long for the lockout's impact to hit home. Where it struck most prominently on the NFL's opening weekend was a bit stunning.

Four teams, all 2010 division winners, flopped so badly on Sunday it makes you wonder if they realized these games counted.

The growth this season is being driven by big increases in Chicago (30.5 percent), Washington (14.5) and Minnesota (13.3), and the WNBA said six other teams also reported rising numbers.

The improvement has occurred while the New York Liberty, who averaged a league-leading 11,069 at Madison Square Garden last year, have seen a 31 percent decrease in their first three seasons at Prudential Center in Newark, N.J., while the Garden undergoes renovations during the summers.

“Were seeing on a team level many of the same kinds of strides and achievements that we’re seeing on the league level,” Richie said. “We have nine out of 12 teams that are up currently over 2010 in terms of gate. ... Each team is doing things that are unique to its team and to its market and to its current business plan, but we're seeing growth across the league and that is exciting and encouraging.”

As for the ongoing NBA lockout, Richie — who took over shortly before the WNBA season started — isn't worried about how it will affect her league.

“We're really focused on the 'W' and because so many of our metrics on a league level and team level are heading in the right direction, we're feeling really good about this season and where we'll end up at the end of the season,” she said.

“We wish (the NBA) well as they continue those discussions ... But what we're really focused on is growing our franchise and growing our business.”

The regular season ended on Sept. 11, with the conference semifinals beginning four days later. The WNBA finals are scheduled to start Oct. 2.

Newton answers questions about his game for now

By Associated Press

Questions regarding Panthers rookie Cam Newton have turned from if he'll be a good NFL quarterback to how good he'll be. At least for now.

In his NFL debut, Newton ignited a Carolina offense that finished last in the NFL in total offense, passing yards, and scoring last season by throwing for 422 yards — the most ever by a rookie quarterback in his first career start. His passing total was one yard shy of the team record set by Chris Weinke and the fourth-highest opening day total in NFL history.

Panthers coach Ron Rivera said Monday that Newton "exceeded expectations" on Sunday, but cautioning that there will be tougher times ahead for the Heisman Trophy out of Auburn.

Rivera says "we still have some things to work on.”

Manning's docs say surgery had 'no complications'

By Associated Press

Peyton Manning's doctors say his third neck surgery in 19 months went "very well, without complication" and that his prognosis for recovery is good.

Father and son doctors Robert Watkins Sr. and Robert Watkins Jr., who performed last week's surgery, issued the statement Friday. The surgery was performed at Marina Del Rey Hospital in California. Manning's previous two surgeries were at Northwestern Memorial in Chicago where Manning had both of his previous surgeries.

The doctors confirmed that Manning needed surgery for a herniated disk and that his rehab program will begin soon. Rehab from the neck surgery is expected to take at least two months and could keep the four-time MVP out the entire season. Manning's 227-game streak of starts, including the playoffs, will end Sunday at Houston.
Tips for purchasing a vehicle

By Sean Paul

Life is full of decisions and choices, and as we get older these choices and decisions become more complicated and less fun. One important decision that most people have to make at some point in their life is the decision of buying their first vehicle. There are so many makes and models of vehicles to choose from, that some people just don’t know what is the first step or where should they start first in this process. And to add even more complications, technology and laws are constantly changing for vehicles on the road today. On top of all that there are so many companies saying that they can and will get anyone financing for a vehicle. Some people choose to just walk on a car lot hoping to get a fair shake but leave themselves at the mercy of a dealership, which in many cases is a really bad idea. You must do good research to get a good deal and the vehicle

establish good credit · Pay your school loans on time. · Pay off any medical bills you may have. Pay all your bills on time and don’t be late with your payments. · Check what your credit report says, and correct any problems that could lower your credit score.

Have 3 vehicles to choose from · Having 3 vehicles to choose from will allow you to still be able to get a vehicle you want if one is not available during your search. · This will give you more of a choice when you are looking for a vehicle.

Talk with insurance companies · By talking with several insurance companies before you purchase a vehicle you can see how much your premium will be you on each vehicle. · This will help you to know how the color of the vehicle, your age, the type, the car’s age etc. will affect your car insurance. · This will also allow you to search for low and more dependable insurances rates.

Research the price of the vehicles · You can see the difference in prices between a used car and new car. · You can see if there is a better deal out of town, instead of locally. · You can take a car to your mechanic to check it out before you buy it to see if it has costly problems, worth the cost of the mechanic’s assessment.

Talk to several financing agencies · Talking to different finance agencies will allow you to search for a lower APR, which will affect the amount of your monthly payment. Try your credit union if you have one, or your bank. Local lenders may have a better rate than the dealership, and your rate depends on your credit rating.

With all this being said don’t forget that you can talk with your family and friends about vehicle deals, and remember not to make any hasty decisions. You can always say you want some time to think about it to keep from being pressured into a hasty deal that is more likely to work for the seller than the buyer.

How to survive college and thrive: 10 great tips

By Kevin Jamal McCathen

Perhaps you were class president in high school. Or perhaps you were a member of the honor society. You could have graduated in the top percentile of your graduating class; perhaps you were even valedictorian. Maybe you were in the honors program. Actually, it doesn’t really matter what you did in high school as you make the transition to college. High school success (or lack of it) doesn’t automatically apply to college.

You start college with a clean academic slate, along with a lot of independence and a myriad of critical decisions as you begin the transition into adulthood. The decisions that you make and the actions you take during this first year of college will have a major impact on the rest of your college experience. So here’s 10 tips to guide you on the right track:

1.) Get Organized: In high school, the teachers tend to lead you through all the coursework and due dates. In college, the professors post the assignments--often for the entire semester--and expect you to be prepared. Buy an organizer, student planner, a PDA, a big wall calendar or whatever it takes for you to know when the assignments are due.

2.) Find your own study space: It may be your room at home or a cozy corner of the library, but find a place that works best for you to get your work done, while avoiding as many distractions as possible.

3.) Go to class: Avoid the temptation of skipping class. Besides learning the material by attending classes, you’ll also receive vital information about what to expect on tests, changes in due dates, etc.

4.) Get to know your academic advisor: This is the person who will help you with course conflicts, adding or dropping courses, scheduling of classes and deciding on majors and minors. This person is a key resource for you.

5.) Get involved on campus: Consider joining a select group—and be careful not to go overboard--of student organizations, clubs, sororities or fraternities, or sports teams. You’ll make new friends and feel more connected to your school.

6.) Strive for good grades: Making the grade is what matters the most. Always try to maintain a passing “C” or above.

7.) Make time for yourself: Be sure you set aside some time and activities that help you relax and take the stress out of your day or week. Whether it’s yoga, watching TV, playing video games or writing in a journal, be good to yourself.

8.) Keep track of your money: If you have never had to create a budget, now is the time to do so. Find ways to stretch your money and avoid all those credit card solicitations you’ll soon be receiving.

9.) Stay healthy/Eat Right: Make sure you eat breakfast, lunch and dinner EVERYDAY. Even throwing in a little snack won’t hurt a bit. If you do that, you will avoid the dreaded extra “FRESHMAN 15” pounds by sticking to your very own balanced diet.

10.) Get plenty of rest: Whenever you feel tired, make sure you set aside a time to get the proper rest/sleep. When you don’t get the proper rest, your body feels drained and that can affect your daily performance, physically and mentally.

Once you have applied all these tips, enjoy all your hard work while laying the groundwork for a successful college career. Don’t be a statistic; be determined to make it through your freshman year--and beyond. Take advantage of your network and new friends and professors, have fun while learning as much as you can possibly fit, and get the most out of your college experience.
Where to go, what to do on campus

By Arielle Buxton and Erika Canales

As a student, sometimes we forget that there are many useful resources around the campus that are free and open to students. At Delgado City Park campus, there are many ways that you can get involved and/or seek help with any of your academic and recreational needs. Here’s a list of just some of the ways you can keep busy in between classes:

1. Student Life Center

Located in Building 11, the Student Life Center is a great place on campus for study time, breaks in between classes, lunch, and meeting with study groups. The center comes fully equipped with tables and chairs that are free spaces for students to work. There’s even a cafeteria, PJ’s coffee and copy center just a few steps away.

2. Fitness Center

The facility is open to students and the public for a small fee. College students only pay $40 for a 4-month membership and that includes locker facilities, aerobic equipment, free fitness assessments and staff that are there to work one-on-one with you to train for a reasonable fee. The fitness center is located in Building 1, Room 122E. Their hours of operation are Mon. - Fri. 7:00a.m. - 8:00p.m., Saturday 8:00a.m. – 1:00p.m.

3. Library

Our campus library is located in Building 10, Room 116. The library is a very useful place for students because it gives you the opportunity to check out books, use the computer, print out homework, and rent textbooks for your classes if they are available. The hours of operation are Mon. - Thurs. 8:00a.m. – 8:00p.m. and Friday 8:00a.m. - 4:30p.m.

4. Tutoring/labs

Need help with a paper? Not too good in math? Look no further, our campus has dedicated instructors and staff that are willing to help. The Math Lab is open to all students and is located in Building 2, on the second floor, Room 217. It is open Monday through Thursday from 9 a.m. to 8 p.m. and Fridays and Saturdays from 9 a.m. to 2 p.m. There is a Science Resource Lab for science students located in the Building 1 Annex, Room 126 W. Hours vary by semester. For English writing help, check out the writing lab in Building 11, Room 112. Hours are 9:00 a.m. – 8:00 p.m. Mon. - Thurs., 9:00 a.m. – 3:00 p.m. Friday and 10:00 a.m. - 2:00 p.m. Saturday.

5. Computer lab

A new open computer lab, is located in Building 2, Room 211. Monday through Thursday 8:00 a.m. - 8:00 p.m. Friday 8:00 a.m. - 4:00 p.m. Saturday 9:00 a.m. - 3:00 p.m. Remember to have your Delgado ID and do not bring open beverages or food.

These resources are here for you, the student, to enjoy and help provide you with some of your most successful college years. Check it out!

Make Every Dollar Count

By Duaa Hamed

It’s hard to save money while you’re in college, no matter how hard you try taking control of your money. It all comes down to separating your needs from your wants by keeping your spending in check and holding back on the spending lavishly and impulse buying. One of the best ways to cut extra expenses is to monitor your spending . Also remember to save it for the unexpected, to manage your money and to save the money that you have.

Rent or buy used books

Buying new books from college bookstores can be expensive. We all have options that can save us money on textbooks, such as buying used copies, and there are a lot of places you can shop online for used books, such as half.com, amazon.com and ebay.com. You can also find out if any of your friends have taken the class before and still have the book. Borrowing is even cheaper than buying. And you can go to the library and see if they have copies of the textbook. Free is good.

Find a job

Part-time job is a great way to bring in some extra income, and it increases your flexibility with your spending. Working at college while studying is a great way to earn some money and get some studying done.

Avoid junk food

Making your own food and bringing it with you to college is a lot cheaper than buying snacks from vending machines. Think about the money you could save by avoiding vending machines. In fact, cooking your own food is healthier than junk food.

Carpool

Instead of driving your own car, you can ask friends to give you a ride if they are going to the same location, or college. That way you can save gas and combine transportation. Offer to help with the expense. Cheap doesn’t mean mooch.

Coffee

If you are one of those students who gets your coffee from coffee shops every morning, then you are wasting your money. Your daily coffee can cost you between $3 and $4.30 depending on the size you need. Seven days of that routine, could cost you between $15-20 per week. So why not make your own coffee at home and bring it with you?

Printer ink

We all know how expensive printer ink is, so print all your work on college computers, especially since you’re paying a technology fee each semester.

Get Organized

Saving receipts of everything you purchase from small things to big things is a great way to monitor your spending habits. Try it out for a month; when your 30 days are up, add up all of your expenses and see where your money goes. You’d be surprised at how easy it is to cut back on unnecessary spending. Also remember to pay your bills on time, that way you can save the extra late fees.

If you think twice before spending every dollar that you have, you will learn how to manage your money and save it for the unexpected, something that is a valuable part of your college education.
Inside with Nick Swardson about his new movie, Bucky Larson: Born to be a Star

By Chelsey Tharp

Nick Swardson is a comedian, actor, writer and producer. He is best known as that guy from the Adam Sandler movies and his character as Terry, in Reno 911.

Swardson’s first stand-up comedy show was in 1996, at the age of 18. He performed at ComedySportz in Minneapolis, but moved to New York to pursue his career as a comedian. He was recognized by Adam Sandler when Sandler first saw him perform on a Comedy Central special. Swardson then moved to Los Angeles after being invited to collaborate with Adam Sandler. Since then, Swardson has written and starred in films under Sandler’s Happy Madison production label. His first few were The Benchwarmers and Grandma’s Boy.


Swardson is now a regular in Adam Sandler’s comedies, with supporting roles in Click, I Now Pronounce You Chuck and Larry, You Don’t Mess with the Zohan and Just Go With It. In Bucky Larson: Born To Be A Star, Sandler’s latest film released Sept. 9, he steps up to the role of leading man.

Swardson as Bucky Larson plays “this virgin kid that finds out his parents were porn stars,” but instead of finding out about it, he was excited and thought it was cool to be “the son of two stars.” Bucky Larson thinks this is his opportunity to shine and to become a porn star, so he heads to Hollywood.

The Dolphin interviewed Nick Swardson via phone conference about his new movie.

-What has it been working with Adam Sandler?

Well I’ve been working with him for about eight years now. Adam is very creative and works hard with fresh ideas; being on set for one of his films isn’t what you would think. It is a lot more work than play, there isn’t any beer pong going on or anything.

-How do you think your fans will like this movie?

Any fan of mine knows I do extreme characters. I worked really hard on this character. I’m proud of how it came out and I believe you’ll really dig this movie.

-How does Bucky Larson compare to the other characters you played?

This character was different because I never played someone so naïve, I mean, he was really like a G-rated character. It was fun to play someone who knows nothing about drugs, sex or anything.

-What’s your favorite scene of the film?

The scenes with my roommate Gary (Kevin Nealon) because his character was so abusive and an asshole, when Bucky was completely opposite. And I loved having Stephan Dorff in the film, who plays Dick Shadow.

-How did you prepare yourself for this movie?

To work with Johnny Depp, my friend Zach Galifianakis from The Hangover, Jack Black or Ben Stiller. -Do you have anything in common with the character you play, Bucky Larson?

No. He is total opposite of me. My penis is huge, my bobs are short and my balls are medium-sized. And I don’t own a sweater-vest.

**Fall Beauty Tips**

By Arielle Buxton

As we all know, fall is right around the corner. This season’s makeup trends and beauty tips are pulled right from the runway! Your favorite celebrities like Zoe Saldana, Gwyneth Paltrow, Beyonce Knowles, Kim Kardashian, and Gwen Stefani have all been spotted rocking ‘the season’s freshest, hottest looks. To kick off the season with a bang, there are few beauty tips that you must know before heading to the cosmetics department: 

Pro: Natalie Johnson, Lead makeup artist at Belladonna day spa says:

**Trend: Metallic eyes**

Metallic eyes are a big thing this fall. There are all kinds of shades that can add that extra spark you need to brighten up those eyes. Dark metallic eye shadows are a must have.

**Trend: Red lips**

Every girl should have their favorite shade of red lipstick. It is a timeless, elegant shade that will complement any outfit. Tip: “Choose a ruby red color. Great color for the fall.”

**Trend: Pale mouth and smoky eyes**

“The key here is blending. It’s all about knowing how to blend. Don’t use your fingers. Always use the tools; that’s what they’re here for.”

To learn how to take care of your skin now that the weather’s changing, here’s a few tips to get you prepared:

Pro: Shannon de la Cerda, Senior skincare specialist at Belladonna Day Spa

**Trick: One of the oldest, best ways to keep moisture locked into your skin is by using vaseline. Just take a small amount and rub into the face for an instant glow and moisturizer. Apply overnight for best results.**

**Trick: “Get a customized facial. At Belladonna Day Spa, we have a paraffin treatment which is a wax that we apply to your face using a glove to lock in the oils.”**

There you have it! Tips and tricks from professionals in the beauty industry. This season, you will look more beautiful and be more prepared for the winter wind.
For art and history enthusiasts, a trip to the Louvre to visit Ms. Mona Lisa or an afternoon at the Prado with Mr. Goya may sound like a dream trip taking years to plan, let alone achieve. However, if flights to Paris or Madrid are out of reach at the moment, let’s remember that New Orleans is home to masterful works of art that could just as easily be found in these European capitals.

For some, a trip to a museum may bring to mind hours upon hours of silent wandering through endless halls of old paintings, when the most exciting work would actually be a door labeled “Exit.” May we present to you dear skeptics, the New Orleans Museum of Art (NOMA) in City Park. First things first, NOMA is free for students, so excuse number one is taken care of! Steep admission prices and three hour lines are enough to make even the most excited art enthusiast convince themselves that a gift shop postcard of The David will be just as good as the real thing. So, with zero admission fees, that could just as easily be found in the comfort of your home.

The third floor of the museum is home to cultural artifacts from places as diverse as Japan, Africa and the South Pacific. Delgado Art History professor Mary Dawes notes, “How impressive the collection of African and Oceanic art is here.” This is the floor you will most likely have to yourself. Human skulls, masks, ceremonial clothing, giant carved canoes, bone necklaces, and weapons are just a few of the items of note here. Whether you want to learn more about your Native American heritage, or just see some of the impressive and even frightening ways that tribes from Papua New Guinea would ward off their enemies, this floor is truly a hidden gem. NOMA also hosts rotating exhibits that run the gamut of moccasins, a sculpture, or a Baroque oil painting. With a location within walking distance of campus, free admission and a diverse and exciting collection, the New Orleans Museum of Art might just be enough to satisfy your longing for Paris a little bit longer.

For art and history enthusiasts, a trip to the Louvre to visit Ms. Mona Lisa or an afternoon at the Prado with Mr. Goya may sound like a dream trip taking years to plan, let alone achieve. However, if flights to Paris or Madrid are out of reach at the moment, let’s remember that New Orleans is home to masterful works of art that could just as easily be found in these European capitals.

For some, a trip to a museum may bring to mind hours upon hours of silent wandering through endless halls of old paintings, when the most exciting work would actually be a door labeled “Exit.” May we present to you dear skeptics, the New Orleans Museum of Art (NOMA) in City Park. First things first, NOMA is free for students, so excuse number one is taken care of! Steep admission prices and three hour lines are enough to make even the most excited art enthusiast convince themselves that a gift shop postcard of The David will be just as good as the real thing. So, with zero admission fees, that could just as easily be found in the comfort of your home.

The third floor of the museum is home to cultural artifacts from places as diverse as Japan, Africa and the South Pacific. Delgado Art History professor Mary Dawes notes, “How impressive the collection of African and Oceanic art is here.” This is the floor you will most likely have to yourself. Human skulls, masks, ceremonial clothing, giant carved canoes, bone necklaces, and weapons are just a few of the items of note here. Whether you want to learn more about your Native American heritage, or just see some of the impressive and even frightening ways that tribes from Papua New Guinea would ward off their enemies, this floor is truly a hidden gem. NOMA also hosts rotating exhibits that run the gamut of moccasins, a sculpture, or a Baroque oil painting. With a location within walking distance of campus, free admission and a diverse and exciting collection, the New Orleans Museum of Art might just be enough to satisfy your longing for Paris a little bit longer.

New Orleans Museum of Art, One Collins C. Diboll Circle City Park
Free for students, faculty & staff (with student ID)
Hours Tuesday-Sunday 10am-5pm
The Sydney & Walda Besthoff Sculpture Garden open seven days
Sunday-Thursday 10am-4:45, Friday 10 a.m.-8:45 p.m.
www.noma.org
(504) 689.4100

Add more to your wardrobe. Fall is only around the corner but hey, that doesn’t mean you can’t warm up that summer gear! For the cool, first days of fall, revamp your wardrobe with a whole new twist on some old knits. Try pairing one of your old sweaters with your favorite outfit. Add a little color or “pop” to your look to stay warm and still stay on the trend. Sameka Buxton, 19, Criminal Justice major “I love clothes that are simple but cute.”

Style icon: Meagan Good, Style Icon: Meagan Good
Favorite Fashion Trend: Bold patterns and printed skirts
Tips for staying warm this season: “Shop ‘Forever 21.’ They have all the newest, hottest fashion trends and a ton of jackets to choose from.”

Local Events
Fast Food Nation author speak at Xavier Sept. 19
Eric Schlosser, author of the bestselling Fast Food Nation will speak at Xavier University of Louisiana Sept. 19 at 7:00 p.m. in the University Center Ballroom. The lecture is free and open to the public, but seating is limited.

Free live music series Thursday nights
LaFreniere Park in Metairie is hosting a free, live concert series on Thursday evenings at 6 p.m. from Sept. 15 through Oct. 20. For more information, visit www.LiveAtLaFreniere.com or call 504-835-3880.
Sept. 15 – Bucktown All Stars
Sept. 22 – Yat Pack
Sept. 29 – Amanda Shaw
Oct. 6 – Chez-Weez

Oct. 13 – Category 6
Oct. 20 – Rockin’ Dopsie

New Orleans Saints vs. Chicago Bears
Sunday Sept. 18 at noon
At the Louisiana Superdome

"Louisiana Seafood Restaurant Week."
Will be held today through Sunday, Sept. 18 with the theme, “We Live to Eat.” Participating restaurants will offer a two-course lunch for $20 and a three-course dinner for $35. More details at welivetoeatnola.com.
Say good-bye to books and hello to e-Readers!
Will electronic readers do away with beloved paperbacks and hardback novels?

By Erika Canales

Let’s be honest here. How many people still read these days? You’re probably thinking, “Nobody reads books because they’re going to make it into a movie or TV show anyway!” While there is truth to that statement, there is also many of people who love the written word and continue to devour it. In today’s world of technology it is an essential, all things must continue to evolve in order to prosper, and so it is that electronic readers have begun to captivate people. Book lovers have warmed up to e-readers once they discover how practical the tablets are.

If you were asked to choose between spending $9.95 for a classic paperback or $114 for an e-reader, you might feel inclined to choose the former. What if you could read the classic and many more like it for free on the e-reader due to expired copyrights? How about the fact that the production cost for a $26 hardback book is $4.05 versus a $0.50 average production cost of a $9.99 download according to dailybeast.com? Yes, you can save a few bucks by buying e-books!

Are you considering going green? The U.S. Environmental Protection Agency reports that more than 2 billion books, 350 million magazines, and 24 billion newspapers are published each year. That is a lot of paper to go through! According to their U.S. Toxin Release Inventory report “Pulp and paper mills are among the worst polluters to air, water, and of land of any industry in the country.”

The internal memory of e-readers can range from 1 GB all the way to 8 GB while most can also be used with external memory if you crave more space, but 3 GB is enough to store 3,500 books on the Amazon Kindle, one of the most popular electronic readers of the moment. You can have thousands of books in your hands in one tablet that weighs ounces, without polluting the environment.

E-readers are supported by a battery charge that can last for weeks with the Wi-Fi turned off. You can sample a few pages before you make a purchase on most, the Nook Simple Touch Reader will lend you a book for an hour that you may revisit the next day. Several of the e-readers use electronic ink to make it seem as though you are reading an actual book. Apple’s iPad and the Nook Color both have LCD screens for sharper images and vivid graphics. The electronic ink or e-ink is easier to read in daylight, if you wanted to lounge outside in between classes, and can be less strenuous on the eyes. You can highlight lines and place bookmarks as well. Smartphone’s are also able to download books in a matter of seconds, for those who maybe aren’t ready to make the switch just yet.

For some book worms, letting go of physical books might be hard! As one avid reader said about a new novel “A little sad it’s on my iPad and I don’t have a hard copy to put on the bookshelf. Either way it’s a great book!”

E-readers are great investments for people on the go, but the sentimental may prefer to curl up with an old book every now and then.

Which one would you choose?
The Sims 3: Town Life Stuff ESRB: T/PLATFORM: PC/TYPE: EXPANSION/DROPS: OUT NOW

By Greg Pass

So, if you’re a fan of the life simulation game series The Sims, you may have heard that there’s a new expansion pack for The Sims 3 on the horizon, called TS3 Pets, which will introduce the ability for your Sims to own pets, such as cats, dogs, and horses. Word on the street is that it’ll also allow you to actually control the pets, something that could only be done in The Sims 2 via cheats.

Unfortunately, Pets drops Oct. 18, so that’s a bit too late for a Sims fan. To hold its fans over until Pets releases, EA has whipped up a quick “stuff pack” called Town Life Stuff.

In keeping with its being labeled a stuff pack, The Sims 3: Town Life Stuff, or TLS, doesn’t change a thing about gameplay – The Sims 3 is still the same strangely fun little life simulator in which you control a family of virtual people by selecting a member’s picture on the left side of the screen, clicking an object, selecting the way you want them to interact with said object using a pie menu, and watching them walk over and use it – the same formula which has made the Sims series the most successful PC game franchise of all time.

Instead, TLS presents a small collection of new objects and lots. Specifically, it focuses on the “small town” theme, hence its name. Not to get into an exhaustive list of everything it includes, it does, however, include a new school, a café, a library, a gym, and a few other lots and rabbit holes (buildings where your Sim goes in, but you can’t see or control them)

playground. There are also a total of nine new tops and three pairs of pants in Create-A-Sim.

Since lots are some of the first things you see when going into Neighborhood View, let’s start with those. The design of its buildings is where TLS truly excels. Each of the four new lots feels very modern, very chic, but they also have their own distinct personalities. For instance, the gym has many sleek curves, while the Laundromat (which requires the Generations expansion pack) has a more blocky feel, but somehow manages to look as good as the gym. Meanwhile, the library is distinctly themed toward relaxation and quiet, employing lots of wood and coffee au lait beige wallpaper. The new park is very calm and relaxing, and can be a good place to read a book, or, with a laptop, write one. Meanwhile, the rabbit holes look good as well. Although I can’t speak for the inside, I can tell that EA also put in a lot of time on these. The express grocery looks, appropriately, like a small, multistory corner shop, while the Par Excellence Prep School looks like any prep school – white, blocky, and boring. The café is also very nicely done, proudly showcasing its sloped roof, deck, and – its most important feature – its outdoor eating area.

But that isn’t to say that they aren’t without problems. The most glaring issue with the lots and rabbit holes is that all of them come in strange lot sizes. All of them except one come in the 30x20 size (300x200 one-square-yard tiles). The only one that comes in a different lot size comes as a 30x40, which doesn’t exist in the lot catalog.

so unless you have a third-party tool to resize lots, you’ve got to use a larger lot size than the one listed (remember that even rabbit holes have to be placed on a big enough empty lot). The reason that these lot sizes are so awkward is that they both take up a lot of room, so in a neighborhood with a lot of stuff in it, it can be very difficult to find a place to fit the lot. Also, once you place the lots and start playing with them (and here I’m referring to the buildings you can enter), you’ll notice some quirks proprietary to the lot you’re playing: As an example, the Library comes with laptops on the tables in the room to the left as you come through the door. These laptops attract Sims like moths to a light bulb, and since the laptops’ volume is permanently set to max, it can get quite irritating when your Sim is trying to read a book while two people are playing computer games downstairs, mainly because it’s a bit jarring and breaks the atmosphere. Also, while the gym’s brown/yellow-wallpaper-and-wood-thermometer look is just fine, it makes you wonder if it wouldn’t look more at home in a Starbucks’. Still, these are issues which can be easily rectified by using build/buy mode.

The objects are also great. The new desk chair, for instance, seems to go well with anything, although it’s meant more for a manly setting, what with its blocky steel-plate back. The lights included are intended for a more neutral setting, employing a sleek-yet-minimalist look. Still, each of them does a very good job of lighting the room, balancing brightness with darkness very well, so it’s clear that the developers spent time balancing them out. Also included are a new treadmill and a new weight machine. Although there’s not much to say on either of these, while the weight machine seems to delight in its understated design, the display on the treadmill appears a little chunky and misslapped. Also, the weight machine is prohibitively expensive, costing $1,650. The other category of new items, and by far the largest, is the toys category. It is a kid’s best playground-themed dream come to life. There are slides, jungle gyms, sandbox trees, treehouses, spring rides, and of course, decorative toys to put at the edge of the yard/playground. In the small playground I set up at my Sim family’s house (consisting of a jungle gym, a slide and a spring ride), the child in the family appeared to like the jungle gym the most, followed by the slide and then the spring ride, although this may just be her personality.

Finally, there’s Create-A-Sim. The six wetsuit-style tops (and their corresponding shorts) look a bit weird. Not bad, but not necessarily good, either. Aside from the fact that it’s strange to see someone wearing a wetsuit on a treadmill, and even more strange to see someone wearing one while strutting to the market (they’re available as everyday wear as well as exercise clothing), there’s just something about them that strikes me as odd, even for a wetsuit. Maybe it’s the fact that the seams are so massive and noticeable, whereas with many other wetsuits...
A: “I think it’s a smart idea, it should be pretty interesting. We never had that before. It’s good that a radio station should be different playing varieties of music, instead of just Rap and Hip Hop.”

-Mark Jones, General Studies

A: “I think it’s awesome. I would like to be a part of it.”

-Carrie Agnelly, Nursing

A: “I think it’s pretty cool. I think it should keep up with things such as recreational sports and other news. I didn’t know the school had a Facebook.”

-Alex Hebert, Pharmacy

Q: What do you think about Delgado’s new campus radio station?

A: “I think it’s pretty cool. I’ve never even heard that kind of music before. I think it should keep up with things such as recreational sports and other news. I didn’t know the school had a Facebook.”

-Mark Jones, General Studies

A: “I think it’s awesome. I would like to be a part of it.”

-Carrie Agnelly, Nursing

A: “I think it’s pretty cool. I think it should keep up with things such as recreational sports and other news. I didn’t know the school had a Facebook.”

-Alex Hebert, Pharmacy

For 90 years, Delgado Community College has been providing “Education That Works!” We are not the only ones celebrating a big birthday. New Orleans is the kind of place that embraces the past; celebrates the present and sometimes resists the future (have you ever seen that bumper sticker, New Orleans-so far behind, we’re ahead?). Which isn’t necessarily a bad thing. We love our traditions and rituals and we mourn the loss of anything that “ain’t dere no more,” like: the delicious buttermilk drops from Mr. Kenzie’s; the big shopping carts from Schwegmann’s; the purple pens from K & B and po’ boys from Uglešić’s. Yeah, yeah, we’ve heard it once—we’ve heard it twice—we are set in our ways. But we are loyal and we keep the same restaurant open for six generations (think Antoine’s and Tsjaaque’s). We can talk about something that happened in history and go to the exact spot where it occurred (Congo Square and Old U.S. Mint).

So Happy Birthday Delgado, New Orleans Museum of Art (100), Times-Picayune newspaper (175), Louisiana Purchase (Bi-centennial), Immaculate Conception Church (160) and Hotel Monteleone (125).

Dear Erika:

I am curious, how exactly are these women getting his phone number? There are several possibilities as to why, but a relationship will only survive if there is trust. Ask yourself why are you so jealous? Has your guy given all his number and when a guy is taken that translates to “Good guy, I have to make my own!”

I am curious, how exactly are these women getting his phone number? There are several possibilities as to why, but a relationship will only survive if there is trust. Ask yourself why are you so jealous? Has your guy given all his number and when a guy is taken that translates to “Good guy, I have to make my own!”

Dear Conflicted & Jealous

Well, when a guy is taken that translates to “Good guy, I have to make my own!”

Dear Conflicted & Jealous

Dear Conflicted & Jealous, you have to look at the facts. Your boyfriend works at a bar and there will always be female clients. He will bump into other women at the gym, school, the grocery store, and probably when he walks outside of his house. We have no control over the actions of others. So the most important thing to realize here is you have to forget about the girls in this equation. Don’t be a fool, what we can’t have allures us, when a guy is taken that translates to “Good guy, I have to make my own!”

I am curious, how exactly are these women getting his phone number? There are several possibilities as to why, but a relationship will only survive if there is trust. Ask yourself why are you so jealous? Has your guy given all his number and when a guy is taken that translates to “Good guy, I have to make my own!”

Dear Conflicted & Jealous

Well, when a guy is taken that translates to “Good guy, I have to make my own!”

Dear Conflicted & Jealous

Dear Conflicted & Jealous, you have to look at the facts. Your boyfriend works at a bar and there will always be female clients. He will bump into other women at the gym, school, the grocery store, and probably when he walks outside of his house. We have no control over the actions of others. So the most important thing to realize here is you have to forget about the girls in this equation. Don’t be a fool, what we can’t have allures us, when a guy is taken that translates to “Good guy, I have to make my own!”

Dear Conflicted & Jealous

To the heart so engaging in separate activities will give you many insecurities drive him into the arms of potential customers. We have never met, but she seems very happy in the relationship and I want to make a good impression. Do I have to bring him a present, too? What do you get someone you don’t know?

-A Good Friend

Dear “Good friend,”

do not panic! Parties are all about having fun and nothing says fun like some good old spirits! You should never show up empty-handed so you can bring a bottle of wine to complement whatever dish is being served.

Ask your friend what her new guy likes to drink, if he’s not into wine you can even bring him a bottle of his favorite liquor. It’s a great and affordable way to say, “Happy Birthday and nice to meet you!” at once.

Dear Erika:

I have been in a committed relationship for almost a year and we are doing great. I love my girlfriend, but I’m starting to get bored with her. We used to go clubbing with friends or go out for dinner and drinks. Now we usually stay home and watch movies, while we eat the same meals over and over. We don’t have much to say to each other some days and I miss my friends, too. What can we do to live up the relationship, before we get to the point of no return?

-Seriously Bored

Dear Seriously Bored

You should never show up empty-handed so you can bring a bottle of wine to complement whatever dish is being served.

Ask your friend what her new guy likes to drink, if he’s not into wine you can even bring him a bottle of his favorite liquor. It’s a great and affordable way to say, “Happy Birthday and nice to meet you!” at once.

Dear Erika:

I have been in a committed relationship for almost a year and we are doing great. I love my girlfriend, but I’m starting to get bored with her. We used to go clubbing with friends or go out for dinner and drinks. Now we usually stay home and watch movies, while we eat the same meals over and over. We don’t have much to say to each other some days and I miss my friends, too. What can we do to live up the relationship, before we get to the point of no return?

-Seriously Bored

Dear Seriously Bored, you have to get back out there and do the things you found interesting to begin with. It’s completely normal to fall into a comfortable routine in a committed relationship. Try to incorporate dinner and drinks once a week and see if it shakes things up for you. Also, spend some time apart and pursue individual interests. Absence truly brings fondness to the heart so engaging in separate activities will give you time to miss each other and you will have less to talk about! Remind her of the guy she fell for and you’ll probably start to see more of the girl you met in the club.

Need advice? Email erikaexplains@gmail.com
Make a Difference – Volunteer

“The best way to find yourself is to lose yourself in the service of others.” - Mahatma Gandhi

By Laura Richard

Between family, school and work, you probably feel stretched far too thin to want to consider adding anything else to your overflowing schedule. While volunteering isn’t for everyone, for many, it brings the self-confidence and inner peace that is absent from their daily lives. You can make a difference by sharing your knowledge and becoming a role model to others. In addition, volunteer work can help you build or improve your marketable job skills and it makes a great addition to your resume. You could be a mentor for a child, a listening ear for a senior citizen, a playmate for homeless pets or a beacon of hope for the environment. With thousands of organizations and charities that span just about every interest, it is not difficult to locate an organization that will fit your personality and interests. A quick search on the internet can result in hundreds of volunteer opportunities from which you can choose.

The New Orleans Area Habitat for Humanity (NOAHH) is one example of the hundreds of great volunteer opportunities. Incorporated in 1983, NOAHH is a non-profit organization that depends on volunteers to help build homes for hard working, low-income residents of the New Orleans area. NOAHH has helped rebuild and finance over 425 homes, which were destroyed during Hurricane Katrina in 2005, by enlisting and training thousands of volunteers.

Musician’s Village, located in the Upper Ninth Ward, is one of NOAHH’s most noted undertakings to date. The idea for the Village was formed by local musicians, Harry Connick Jr and Branford Marsalis. With the assistance of more than 40,000 volunteers, NOAHH’s Musician’s Village now consists of 72 single-family homes, five senior-friendly duplex apartments, a small park for toddlers to play in, and the Ellis Marsalis Center for Music.

New Orleans Habitat needs volunteers, over 16 years of age, to assist with an array of tasks: to help build homes, to work in the ReStore (NOAHH’s discount home improvement store), to assist with special projects and to serve on committees.

If building homes is not your forte, but you believe you would enjoy helping people, consider volunteering at a local soup kitchen or with the Second Harvest Food Bank. “To lead the fight against hunger in south Louisiana through food distribution, advocacy, education and disaster response,” reads the mission statement from Second Harvest, which was founded in 1982.

Food drives and donations are essential to keeping the mission afloat. “When companies and schools do food drives for us, the food arrives at the food bank in assorted bags and large boxes,” states Tanya O’Reilly, the children program’s manager for Second Harvest. “The food is put on a conveyor belt, and volunteers sort the food according to type. Through one of our six children’s programs, we provide underprivileged school children with food on weekends and holidays, reasons, some people may prefer working with animals. If this is the case for you, helping animals in need may be just the thing. Consider spending time volunteering with a local animal shelter: walking the dogs, socializing kennel, Bass-Lilly continues, “The nice thing about having an all-volunteer organization is there is no competing for job titles or for paychecks. Everyone is here for the same reason, which is for the benefit of the animals.” Like most animal rescue groups, ARNO does not receive government funding, nor can they afford to pay for staff. ARNO exists because caring people like you volunteer their time and send donations.

While you may not be able to contribute much time to an organization, you should know that any amount of time you can give is appreciated immensely by everyone involved. Many people can give only a few hours once every few weeks. Some can give a few hours a week, while others spend nearly all of their free time volunteering. No matter how large or small the amount of time you can give, every single moment is considered a blessing to those you help.

You may think that the idea of working without monetary pay is ludicrous, but the personal payday you receive from helping others is much more rewarding than a paycheck could ever be. Volunteering can give you a sense of achievement and accomplishment, can increase your self-confidence, and can help to better develop your social and leadership skills.

You can make a difference in this world once you decide to be the difference.
FALL TV

It's time to get back into the groove of our favorite returning and new TV series.

By Chelsey Tharp

"Glee" airs on Fox, Sept. 20, at 7c. Sadly enough, season 3 will be the last for "Glee" stars Lea Michele (Rachel), Cory Monteith and Chris Colfer. It's time to graduate.

Returning for its third season, Sept. 15, "The Vampire Diaries". This season will open the door to the history of Klaus and The Original Family, as Klaus plunges Stephan deeper into the dark side, while Damon and Elena will have to rescue him.

Fox premieres an all new comedy series of "New Girl" (working title), Sept. 20, at 8c from Liz Meriwether, starring Zooey Deschanel, Jack Johnson, Max Greenfield, Damon Wayans Jr. and Hannah Simone. This will have a fresh and outrageous look at modern male/female relationships.

"Two and a Half Men" premieres an all-new season on CBS, Monday, Sept. 19, at 8c. A new fresh start for Ashton Kutcher. Don't miss it; they're going to kill Charlie Sheen's character.

Returning for its third season, Sept. 15, "The Vampire Diaries". This season will open the door to the history of Klaus and The Original Family, as Klaus plunges Stephan deeper into the dark side, while Damon and Elena will have to rescue him.

Fox premieres an all new comedy series of "New Girl" (working title), Sept. 20, at 8c from Liz Meriwether, starring Zooey Deschanel, Jack Johnson, Max Greenfield, Damon Wayans Jr. and Hannah Simone. This will have a fresh and outrageous look at modern male/female relationships.

"Two and a Half Men" premieres an all-new season on CBS, Monday, Sept. 19, at 8c. A new fresh start for Ashton Kutcher. Don't miss it; they're going to kill Charlie Sheen's character.

My Favorite!

"Raising Hope", a funny up on Fox, Sept. 6, at 8:30c. For those of you who haven't heard it's that show that came will be coming on after season. "Raising Hope" messed-up family, who own ways. Lucas Neff the quirky teenage who got pregnant. After the baby mama was executed, his family raising Hope. plays Virginia Chance, Jimmy’s father (Garret Dillahunt), is the air-head dad who’s always seen cleaning a pool. The senile grandmother (Cloris Leachman) is always caught topless. This season’s premiere of "Raising Hope" will have you laughing out of your seat.

Top Box Office Movies

Colombiana (PG-13) $10.3 M
Colombiana (Zoey Saldana) grows up to be an assassin who takes revenge on the people involved in her parents’ murder.

Don’t Be Afraid of the Dark (R) $8.69 M
Kate Holmes and Guy Pearce, take their daughter (Bailee Madison) and move to a new home that is haunted by evil spirits.

Rise of the Planet of the Apes (PG-13) $8.65 M
An ambitious scientist (James Franco), raises an intelligent ape, who then takes over San Francisco.

Our Idiot Brother (R) $6.6 M
Paul Rudd plays the idiot brother, Ned, who moves in with his sisters after being dumped by his girlfriend. As Ned’s sisters Liz (Emily Mortimer), Miranda (Elizabeth Banks) and Natalie (Zoey Dechanal) take turns hosting him until he gets back on his feet, he tends to create a few messes for them along the way.

The Help (PG-13) $14.3 M
This film is based off Kathryn Stockett’s hit novel. An aspiring southern journalist, Skeeter, played by Emma Stone, digs deep and interviews the black maids of the city’s upper class.

Did you miss it in theaters? Have no fear, Blu-ray and DVD are here!

Madea’s Big Happy Family - Aug. 30
The Perfect Host - Aug. 30
Prom - Aug. 30
HANNA - Sept. 6
Everything Must Go - Sept. 6
X-Men: First Class - Sept. 9
Thor - Sept. 13
The Tempest - Sept. 13
Bridesmaids - Sept. 20
Pirates of the Caribbean: On Stranger Tides - Sept. 20
Leo: (July 23-Aug. 22)
Whatever your goals are, set a date and wrap them up before your deadline. Time management is key for setting goals.

Virgo: (Aug. 23-Sept. 22)
So peaceful and optimistic. Your personality will truly shine with little effort.

Libra: (Sept. 23-Oct. 22)
It’s been a great summer. Now it’s time to knock the sweat off and prepare to cool down. Keep up the good work!

Scorpio: (Oct. 23-Nov. 21)
People love you! Your relationships have truly grown and now things get so much easier. As time passes, watch all your accomplishments and be proud! You deserve it.

Sagittarius: (Nov. 22-Dec. 21)
Nothing to worry about. Just follow your heart and you will be happy.

Capricorn: (Dec. 22-Jan. 19)
Turn a story into a novel. Take a few extra steps ahead to do something great. Study when there’s no test. Do homework when there’s none assigned. It’ll pay off tremendously.

Aquarius: (Jan. 20-Feb. 18)
Further your education. Look into graduate school options after college. It could be well worth it!

Cancer: (June 21-July 22)
It is a great time for you to start planning your ultimate trip. You are adventurous and creative. Don’t forget your camera! So many things will inspire you.

Gemini: (May 21-June 20)
Don’t let life’s obstacles get you down. Find ways to relieve stress by joining a new club or take a quiet, relaxing walk in the park.

Aries: (March 21-April 19)
It’s a busy time of the year for you, Aries! New opportunities will arise after all your hard work has paid off.

Taurus: (April 20-May 20)
Your creativity shines bright as your natural, artistic nature unleashes. Love is also in the air for you. You are at your best when you let things flow from the heart.

Pisces: (Feb. 19-March 20)
Making time for others can truly help you blossom in your partnerships. Make some time on the weekends, after exams, to catch up with an old friend.

Crossword Puzzle

Across
15. Singing voice  16. Type of partnership  17. Scrap
29. Not front or back  31. Surface to air missile  32. Asian country
43. Diestrous  45. Excite  46. Family fight
47. Nothing  48. Premissery-Note  50. Heathen gods
54. Furniture wood  55. Opp. of SSW  56. Bottoms of shoes
57. Spots  58. Hair stuff  59. Make a present of

Down
17. Scrap  18. Opp. of false  19. At the same time
33. Chinese seasoning  34. Boxer Muhammad  35. Big Apple (abbr.)
41. Book by Homer  42. Resists  43. Disastrous
44. Annex (2 wds.)  46. Family fight  48. Premissery-Note
49. Less than two  51. Aged  51. Aged
52. MGM’s Lion  53. Opp. of Across

Crossword Puzzle Answers

Wacky Facts
You use more calories eating celery than there are in the celery itself.
At least 2 people die every year from vending machines falling on them.
More than 2,500 left-handed people are killed every year from using right-handed products.
An apple, potato and onion all taste the same if you eat them with your nose plugged.
If you pet a cat 70 million times, you will have developed enough static electricity to light a 60-watt light bulb for one minute.
Butterflies taste with their feet.
On average, 100 people choke to death on ballpoint pens every year.
A snail can sleep for three years.
Our eyes are always the same size from birth, but our nose and ears never stop growing.
Only one person in two billion will live to be 116 or older.

Sources: FunOFun.com and WeirdFacts.htm
FAMILY REUNION PICNIC

SATURDAY
SEPTEMBER 17, 2011
11 A.M. - 3 P.M.
CITY PARK CAMPUS
BEHIND BUILDING 1
DELGADO STUDENTS, ALUMNI, FACULTY,
STAFF AND RETIREES INVITED!
MORE INFORMATION
www.dcc.edu
(504) 671-5000

FREE
FOOD • GAMES
MUSIC BY THE
DELGADO JAZZ ENSEMBLE
AND THE TOPCATS
CHILDREN’S ACTIVITIES

Study hard, but travel easy.

You study hard all week so getting around to visit friends and family when you get a chance should be a breeze. And it is—with LA Swift! For the price of a meal at a fast-food restaurant we can get you to New Orleans, Baton Rouge and many places in between, all in the comfort of our clean, comfortable coaches. Avoid driving concerns, parking nightmares and high gas prices and enjoy free onboard wi-fi and TVs!

Five bucks gets you there in the clean comfort of an LA Swift coach, five bucks gets you back.

Like us and tell us why and you could win a free ticket!

All LA SWIFT buses are wheelchair accessible and bicycle friendly.

LA Swift
Louisiana On The Move
1-877-947-9438 • www.LASwift.com