

Overcoming Writer's Block



Just Start.

Don't worry about writing the perfect opening sentence. Your first draft isn't supposed to be perfect – that's why it's called a first draft! You'll figure out your main point as you write, and you can always go back and fix your introduction later. The important thing is to get started.



Write All the Way Through.

Don't get stuck perfecting one paragraph. If a sentence isn't working, write something – anything – and keep moving. Finishing your whole first draft matters more than making each part perfect.



Leave Perfectionism for Revision.

You don't need every sentence to be perfect right away – that's what revision is for! Give yourself permission to write imperfectly first, then polish later.



Take a Step Back.

Feeling stuck? Step away from the problem spot. Go back to your outline and rearrange your ideas – sometimes reorganizing helps you see a way forward.



Try a Different Document. Journal.

Open a new document and write freely about your topic – don't worry about structure or grammar. You can even journal about something completely different. This helps unlock your ideas.



Use the Dictation Tool.

Try talking instead of typing! Use voice dictation in Word or on your phone to speak your ideas out loud. You might be surprised how much you have to say. Just remember to clean up and organize the text afterward.

Need help getting un-stuck? Visit the CWRC to talk it through.
Scan the QR code to book an appointment with a coach today!

